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NEWS WORTH SHARING.

Spin the bottle depot

A move to bigger premises will benefit the DTE's recycling depot and the binners who rely on it PAGE 3

Keep on Trekkin'

Live long and prosper, Star Trek fans! The latest instalment, Into Darkness, is finally here PAGES 21

BIG TRADE BREWING?

CANUCKS GM MIKE GILLIS VOWS TO REVIEW THE TEAM'S POOR SHOWING AND SAYS IT'S 'UNLIKELY' ROBERTO LUONGO WILL BE BACK NEXT SEASON PAGE 32

Mark Jarder shows some of the injuries he sustained after he was struck by a city bus in Vancouver. Transit authorities and police are reviewing the accident. ERIC DREGER/THE CANADIAN PRESS

'I should be dead'

Helmet cam. Scooter rider films being hit by 99 B-Line

KATE WEBB
kate.webb@metronews.ca

A 23-year-old scooter driver has released shocking video of himself being hit by a city bus that he alleges was trying to beat a stale yellow light at the intersection of Broadway Avenue and Cambie on Tuesday afternoon.

Mark Jarder was westbound on Broadway turning left onto Cambie when the eastbound bus tried to make it through the light on Broadway.

You can see at the 1:02 mark of the video that the light had already turned red before the 99 B-Line sent Jarder flying, but it is unclear whether the light was red when the bus entered the intersection.

"It didn't register that I was about to be hit by a bus," Jarder said of the moments before the crash.

Jarder says he suffered second-degree road rash and has to undergo more tests on Friday to find out the extent of his internal injuries.

Sudden impact

"The first thing that went through my mind was, 'Wow, I'm flying,' and at that point everything went into slow motion."

Mark Jarder recalling the moment he was hit

"I can't laugh and I can't really cough," he said. "I should be dead. If the bus hit me dead on, for sure I would be really mangled or messed up."

He said he had just purchased a GoPro camera on Monday and mounted it on his helmet in the hope that it would deter drivers from following him too closely. His $2,000 scooter is totalled, he said, and he had to take the rest of the week off work to recover.

He has filed reports with the Vancouver Police Department and ICBC, and has left a voicemail with TransLink's claims department.

Police spokesman Const. Brian Montague said the traffic section has reviewed the tape and spoken to witnesses and still does not have enough evidence to decide whether a ticket should be issued to the bus driver or to Jarder.

He said officers will try to obtain surveillance video from the bus to see if the light was red or yellow when it entered the intersection.

If it was red, he said, the bus driver was in the wrong, but if it was yellow, Jarder should have yielded to the oncoming traffic and made his turn afterward.

If the bus driver is found liable, ICBC will cover the damage to Jarder's scooter, but if Jarder is found liable, he will be out of pocket.

TransLink spokesman Derek Zabel said the bus driver has not been reprimanded because the investigation is ongoing. He said incidents like this are rare, although TransLink recorded 775 preventable accidents last year.

"Safety is our No. 1 priority, and I know for operators safety is paramount for them, but of course, just like every person out there, operators are human, they all make mistakes."

Zabel said that TransLink policy is to retrain drivers if they run a red light and it's their first offence, so as to ensure they haven't developed bad habits.

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Justice. Families of women found at Pickton's file lawsuit

The children of four women whose remains were found on Robert Pickton's property have filed lawsuits against the police and Pickton himself, demanding compensation for the failed murder investigation and a chance to confront the serial killer in court.

The daughters and sons of Dianne Rock, Sarah de Vries, Cynthia Feliks and Yvonne Boen each filed separate lawsuits on Thursday in B.C. Supreme Court, targeting the provincial government on behalf of the RCMP, the City of Vancouver on behalf the city's police force, a number of police officers, Pickton, and two of his siblings.

The statements of claim allege numerous failures on the part of Vancouver police and the RCMP, including that both forces botched their investigations into dozens of missing sex workers from the Downtown Eastside and failed to warn women in the neighbourhood that a serial killer was likely targeting women in the area. In addition, the statements say the Crown failed to prosecute Pickton for attempted murder after an attack on a sex worker in 1997, putting other women in danger.

Pickton was arrested in February 2002 and eventually convicted of six counts of second-degree murder.

After Pickton lost his appeals for those convictions, charges related to 20 other women, including Rock, de Vries and Feliks, were stayed by the Crown. THE CANADIAN PRESS

Bottle Depot manager Howard Henry at United We Can, the largest recycling depot in B.C. JENNIFER GAUTHIER/FOR METRO

New recycling depot better for binners?

United We Can. Move from long-term space is good for low-income bottle collectors, says GM

EMILY JACKSON
emily.jackson@metronews.ca

Binners will have to lug their bottles farther from the Downtown Eastside when United We Can moves to make room for a housing development, but operators say the extra travel will be worth it for those who depend on the recycling depot.

City council will vote next week on whether to grant non-profit United We Can a 10-year lease at city-owned 455 Industrial Ave., two kilometres from its longtime 39 East Hastings St. home, which will be taken over by Atira to build 169 units of social and market housing.

The recycling depot employs about 120 people with barriers to employment, supports about 700 recyclers daily and processes about 60,000 beverage containers daily.

But this story isn't about low-income bottle collectors being displaced by condos, general manager Gerry Martin said.

"This is definitely our agenda," Martin said, noting the existing building is so small that people must line up on the street and wait to drop their bottles. "We were definitely not pushed out by the development or Atira or anyone else."

The new site, which the city will subsidize for $1.3 million over the next decade if council approves, is three times the size and will allow United We Can to hire about 20 more part time employees, Martin said. It will also have room to start a mattress enterprise.

"The bottom line always comes down to hiring more people," he said.

The majority of the dozen binners Martin spoke with supported the move when he explained they won't have to wait at the new location, which is closer to prime collecting locations on False Creek's south side.

Police anticipate the move will bring a "vast improvement" to the street in front of United We Can, where a "gauntlet" of drug dealers loiters to sell products to people who have just received cash from recycling.

Yet not everyone outside United We Can's crowded street front was pleased to hear news of the new location, including one man who simply swore, shook his head and declined to be interviewed.

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Voting. Changes to electoral system can have big effects: Researchers

Two consecutive referendums may have settled B.C.'s electoral-reform debate, but that isn't stopping a team of researchers from studying how the results of next week's election would be different if the province had another type of electoral system.

"We want to be able to actually ascertain how people vote in different elections," said Allan Craigie, a researcher at the University of B.C. who is working with other academics at UBC and at University of Laval in Quebec on the project.

"We are trying to look at how the system itself impacts the results," he said.

Craigie's team set up a website, VotesBC, that asks people to indicate how they plan to vote on Tuesday and how they would vote under two alternative electoral systems.

The study is part of an international effort, called Making Democracy Work, aimed at understanding how democratic systems influence voter behaviour.

When the team conducted the same test during Quebec's provincial election last year, Craigie said they found startling results. "In Quebec, 22 per cent of the electorate made a different choice under different systems," he said.

"If we consider that in Quebec the elections are based on fundamental issues of nationalism, separatism and federalism, that's a big difference.

"Our modelling suggested that instead of coming in third place in both seats and votes, the Coalition Avenir Quebec would come in first place in both seats and votes, depending on the system used. That's a big difference," Craigie said.

The last time British Columbians went to the polls for a provincial election they voted to reject a proposal to adopt the single-transferable-vote system — a change some thought, if successful, would set off a chain reaction of reforms across the country.

TYLER HARBOTTLE/THE CANADIAN PRESS EXCLUSIVELY FOR METRO

Greens' Weaver calls LNG projections a 'pipe dream'

Liquefied natural gas. Deputy leader says problem is in Liberals assuming current market prices will hold

Deputy B.C. Green Party Leader Andrew Weaver tore into the B.C. Liberals' claim Thursday that the liquefied-natural-gas industry could generate up to $100 billion for provincial coffers and create more than 100,000 jobs over the next 30 years.

"Liquefied-natural-gas exports to Asia, while being billed as a utopia for all the solutions of British Columbia's economic woes down the road, is really nothing more than a pipe dream," Weaver said at a Green Party press conference in Vancouver.

The Liberals' estimates, which Premier Christy Clark claims could pay off the province's debt, fund social programs and potentially eliminate the need for a provincial sales tax, are based on at least five LNG plants opening within the next decade.

The problem, Weaver said, is that those estimates presume today's Asian market price of $16 per million BTUs will hold. In North America, the current price is just $4 per million BTUs.

"The problem gets more complicated when we realize that Russia and China have just signed long-term 30-year agreements for the transport of natural gas via regular pipelines from Russia to China," Weaver said.

He said Australia has just cancelled the development of a major offshore gas facility that was intended to export to Asia because of concerns over market price in China.

In addition, he said the U.S. has more than twice the shale gas reserves of all of Canada combined, and already has LNG ports on the coast that can ship tomorrow.

NDP Leader Adrian Dix has promised a scientific assessment of the health and environmental effects of fracking, and his energy critic has not ruled out an eventual moratorium on fracking, depending on the outcome of that review.

THE CANADIAN PRESS

B.C. Green Leader Jane Sterk is seen at the party's press conference in Vancouver on Thursday. ERIC DREGER/THE CANADIAN PRESS

Problems

"Russia has more than 20 times the natural gas reserves as all of Canada combined." Andrew Weaver

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Police digging into rooming-house mystery

Jennifer McPherson. Neighbour believes he heard jackhammer at home once occupied by slain woman, accused

A joint RCMP and Winnipeg Police Service investigation underway at a Winnipeg home has the family of a slain B.C. woman hopeful her death will lead to peace for others.

"It will give us comfort that (she) did not die in vain," said Jennifer McPherson's sister Kim McPherson on Facebook early Thursday under a link to a media story about the homicide and its speculated Winnipeg connection. "We hope that it will bring comfort and justice to other (families) of cold case(s) in Manitoba."

Jennifer McPherson
FACEBOOK

Jennifer, 41, was reported missing last week and later found dead on Hanson Island, B.C., where she had lived for several years with her husband Traigo Ehkid Andretti. RCMP charged Andretti, 37, with second-degree murder in connection to her death.

Sources tell Metro Jennifer and Andretti previously lived in Winnipeg at the same rooming house at 97 Lorne Ave., where the WPS Forensic Identification Unit and RCMP have been investigating since Tuesday.

Manitoba RCMP spokesperson Cpl. Miles Hiebert would only say the search is part of an ongoing Project Devote investigation connected to a crime committed in Manitoba.

"We have to go where the evidence leads us," he said.

A neighbour on Lorne Avenue said he heard what sounded like a jackhammer while officers were in the rooming house Wednesday, but police wouldn't confirm they are digging in the house.

Police said more information would be released as the investigation moves along. Watch metronews.ca for the latest on the case.

SHANE GIBSON/METRO WINNIPEG

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CITY (A/T): 8.6L/100KM

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CITY (A/T): 9.7L/100KM

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CITY (M/T): 8.5L/100KM

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Representative financing example based on 2013 Sportage LX MT FWD (SP95B) with a selling price of $23,767, financed at 0% APR for 36 months. 78 bi-weekly payments equal $295 per payment with a down payment/equivalent trade of $0. ***Up to $4,000 cash savings" offer is available on the cash purchase of select new 2013 models from a participating dealer between May 1-31, 2013, is deducted from the selling price before taxes and cannot be combined with special lease and finance offers. Some conditions apply. •Cash purchase price for 2013 Optima LX AT (OP142D)/2013 Optima Hybrid Base (OP144D) is $22,072/$21,572 and includes a cash savings of $3,400/$2,000 and a Clearout Bonus of $500/$1,000 (which is deducted from the negotiated selling price before taxes and cannot be combined with special lease and finance offers). Optima Hybrid also includes $1,000 Eco-Credit. Retailer may sell for less. ‡$3,400/$2,000 cash savings on the cash purchase of an eligible new 2013 Optima LX AT (OP142D)/2013 Optima Hybrid Base (OP144D) from a participating dealer between May 1-31, 2013, is deducted from the selling price before taxes and cannot be combined with special lease and finance offers. Some conditions apply. ¥Clearout Bonus of $500 is available on all cash, finance and lease offers of new 2013 Optima LX AT (OP142D)/2013 Sportage LX MT FWD (SP95B)/2013 Soul 2.0L 2u MT (SE93D) and $1,000 is available on 2013 Optima Hybrid Base (OP144D) from a participating dealer between May 1-31, 2013, and is deducted from the selling price before taxes. Customers will receive a cheque in the amount of $500/$1,000 (excluding taxes) or can apply it to the selling/lease price before taxes. See your dealer for complete details. ¶Lease offer available on approved credit on new 2013 Sportage LX MT FWD (SP95B) is based on monthly payments of $205 (includes a lease savings (lease credit) of $500 and $500 Clearout Bonus) for 48 months at 0.9% APR with a $2,800 down payment/equivalent trade, security deposit and first monthly payment due at lease inception. Excludes $350 lease administration fee due at time of delivery. Total lease obligation is $12,459 with the option to purchase at the end of the term for $10,136. Lease has 16,000 km/year allowance and $0.12/km for excess kilometres (other packages available). Licence, insurance and applicable taxes are extra. Retailer may lease for less. See dealer for full details. ^Bi-weekly finance payment O.A.C. for new 2013 Soul 2.0L 2u MT (SE93D) based on a selling price of $20,967 is $118 with an APR of 1.49% for 60 months, amortized over an 84-month period. Includes $500 Clearout Bonus. Estimated remaining principal balance of $6,067 plus applicable taxes due at end of 60-month period. Retailer may sell for less. See dealer for full details. ‡Eco-Credit for 2013 Optima Hybrid is $1,000 (deducted before taxes) and is applicable to the purchase or lease of a new 2013 Kia Optima Hybrid. Available at participating dealers. Certain restrictions apply. See dealer for details. *Model shown Manufacturer Suggested Retail Price for 2013 Optima SX Turbo AT (OP748D)/2013 Sportage 2.0T SX Navigation (SP75SD)/2013 Soul 2.0L 4u Luxury AT (SO75SD)/2013 Optima Hybrid Premium (OP748D) is $35,350/$39,145/$27,345/$27,550 and includes delivery and destination fees of $1,455/$1,650/$1,650/$1,455 and A/C charge ($100, where applicable). Licence, insurance, applicable taxes, other fees and certain levies (including tire levies), variable dealer administration fees (up to $699) and registration fees are extra. Retailer may sell for less. Available at participating dealers. See dealer for full details. ^Highway/city fuel consumption is based on the 2013 Optima 2.4L GDI 4-cyl (A/T)/2013 Sportage 2.4L MPI 4-cyl (A/T)/2013 Soul 2.0L MPI 4-cyl (M/T). These updated estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the *EnerGuide Fuel Consumption Guide*. Your actual fuel consumption will vary based on driving habits and other factors. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. Kia is a trademark of Kia Motors Corporation.

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Waldorf should be heritage site: Report

'Save the Waldorf.' Cultural icon garners city-wide support

EMILY JACKSON
emily.jackson@metronews.ca

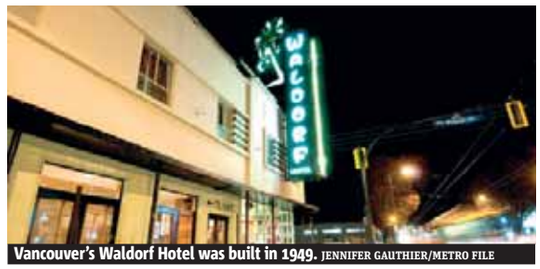
It's too late to save the operators that jolted the Waldorf Hotel back to its former glory, but the physical structure at 1489 East Hastings St. could get some extra protection from the city due to an impassioned campaign to save the beloved cultural hub.

City council will vote next Wednesday on a report that recommends adding the Waldorf, tiki bar and all, as a "C" classified building on the Vancouver Heritage Register.

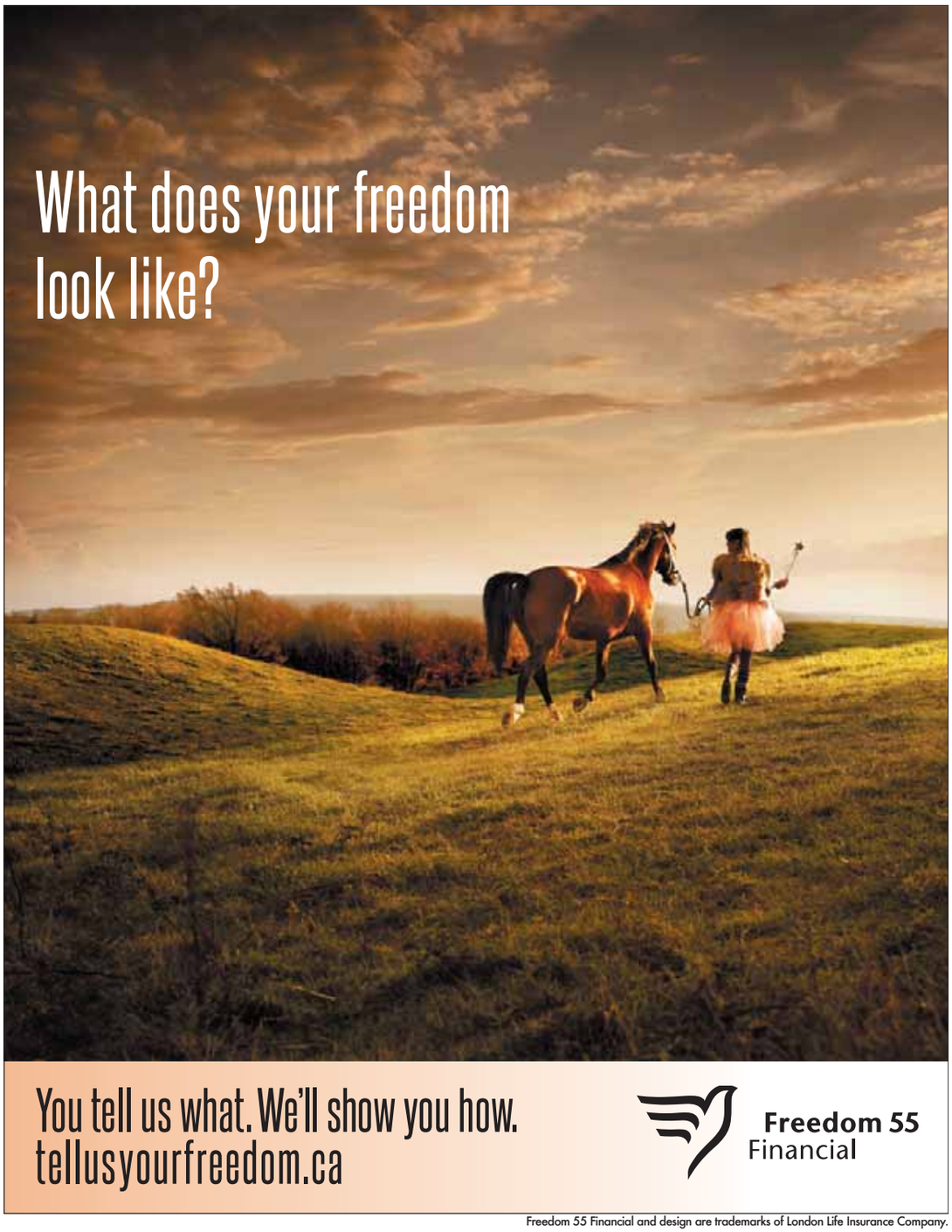
The kerfuffle surrounding the Waldorf arose after the longtime owner entered an agreement to sell it to Solterra, a condo developer, giving the occupants who leased and revitalized the space no feasible option but to leave. (They plan to move operations to the Fox Cinema on Main this fall.)

Their move sparked an online petition signed by nearly 19,000 to "Save the Waldorf" and preserve culture instead of building condos, though there has been no rezoning or development permit application for the site.

While "C" is not the highest level of protection, the designation would prevent the building's demolition unless the owner successfully obtained a development or rezoning permit.



Vancouver's Waldorf Hotel was built in 1949. JENNIFER GAUTHIER/METRO FILE



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Almighty rod

Man charged for prosecutor threat

A B.C. man who claimed the Bible gave him the right to use a rod to discipline his family is in more trouble with the law.

Darryl Bruce McDowell, who was convicted of assault 13 years ago for using what he called the "biblical rod" on his children, has been charged with threatening a prosecutor in the Criminal Justice Branch.

He was initially convicted of two counts of common assault and sentenced to six months in jail.

THE CANADIAN PRESS

Bylaw infraction

Golf course gotta go: Maple Ridge

The District of Maple Ridge has filed legal action against former mayor Gordon Robson and his wife Mary, claiming their Heather Hills Golf Course is not allowed under current zoning.

The legal action states the seasonal golf course is located on property within the Agricultural Land Reserve, and zoning bylaws prohibit golf courses. The district also wants to have a B.C. Supreme Court judge order the Robsons to remove any golf course structures. THE CANADIAN PRESS

'Very unsettling.' Former Olympic diving coach arrested on sex charges

A national diving organization says a prominent coach arrested this week on sex-related charges has been suspended from all diving-related activities since March.

Trevor Palmatier, 43, is accused of two counts of sexual exploitation and of procuring, charges that Diving Canada called "very unsettling."

"The charges, which have yet to be proven in court, remind us of the paramount importance of ensuring the well-being of our athletes," the organization said in a statement released Thursday. "Nothing is more important, and we take very seriously the responsibility of their safety and protection while in our care."

Edmonton police said Palmatier was arrested Wednesday on warrants issued by the Saanich Police Department in British Columbia.

Palmatier coached on Vancouver Island and in Vancouver before moving to Edmonton. The Edmonton Diving Academy's website says Palmatier coached Blythe Hartley, former world champion and Commonwealth Games gold-medal winner, in the mid-2000s and more recently coached 2012 Olympic diver Eric Sehn.

Saanich police allege that Palmatier had sexual contact with a teenage male diving athlete in Victoria between 2004 and 2006.

Edmonton police Det. Nicole Champlaine said Saanich police approached Edmonton police in March after a teenage male came forward with allegations.

"Our involvement was just to identify where he was at in the city and effect the arrest on him and get him remanded so he can speak back on the charges," she said.

THE CANADIAN PRESS

Diving Canada

"The charges ... remind us of the paramount importance of ensuring the well-being of our athletes."

A statement made by Diving Canada, which suspended coach Trevor Palmatier

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Vancouver–False Creek Liberal candidate Sam Sullivan speaks to a Grade 5 class studying government at Elsie Roy elementary on Tuesday. MATT KIELTYKA/METRO

Sam running in his own hood, on his own terms

MATT KIELTYKA
matt.kieltyka@metronews.ca

Sam Sullivan, pickup artist?

It's hard to shake the feeling that the former mayor's campaign in Vancouver–False Creek would be as effective at a bar as it is in Yaletown's condominium lobbies.

When they're on their game, he and community organizer Andrew Benson are smooth operators.

"Hi, have you met Sam Sullivan?" wingman Benson, 25, asks a resident as she enters her building on Richards Street.

"No," she responds, with a polite smile directed at the man in the wheelchair.

Right on cue, Sullivan holds his glossy pamphlet up to his face.

"This is the Photoshopped me." He returns the smile. "I'm running for MLA in Vancouver–False Creek."

Soon another potential voter is signed up for a second date — in the form of an online town hall meeting — with a man who seems reinvigorated to be back in politics after being unceremoniously dumped by his own civic Non-Partisan Association five years ago.

Sullivan reaches out to Yaletown voters by campaigning on the lobbies of condo towers that make up most of the residences in the riding. MATT KIELTYKA/METRO

The NPA itself was then decimated by Gregor Robertson's Vision Vancouver in the 2008 municipal election.

"They told me I was unelectable," Sullivan recalls. "I think (the provincial election) will put that theory to the test."

As difficult as the temptation may be, Sullivan insists his race against NDP candidate Matt Toner isn't about redemption or revenge.

Instead, the supporters they reel in are meeting the real Sam — because that's what his campaign has been all about.

His promotional materials link to his website, SamSullivan.ca. There's no mention of Christy Clark, and you'd hardly know he was running for the Liberals if it wasn't for the tiny logo hidden in the corner.

The economy, as expected, features prominently in the materials, but so do many of Sullivan's personal views.

His thoughts on harm reduction, alternatives to drug prohibition (an issue Clark flat-out dodged during the televised leaders debate), a streetcar network through Vancouver and a pledge to build a new elementary school in the riding are actively promoted.

"I've got nothing to hide, everything I stand for has been public knowledge for 15 years," Sullivan says.

If elected, Sullivan knows he'll have to tow a party line at times, but is prepared to get his way over time. "My game is the long game."

2013 False Creek candidates	2009 False Creek results
• Sam Sullivan, Liberal	• 56.4 per cent Liberal
• Matt Toner, NDP	• 27.5 per cent NDP
• Daniel Tseghay, Green	• 13.1 per cent Green
• Ian Tootill, Independent	• 2.4 per cent Conservative
• James Filippelli, Your Political Party	**2009 False Creek turnout**
• Sal Vetro, BC First	• 48 per cent

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Magic mushrooms give some depression sufferers high hopes

Potential. Research shows that their active ingredient dampens part of the brain which is overactive in depressed people

KIERON MONKS
Metro World News

Desperate for a fix, David Nutt considered buying magic mushrooms from the street. Restrictions on the drug were making it impossible to conduct clinical trials, and Nutt had no way to secure the mushrooms that are widely available from illegal dealers.

"Fortunately, the publicity helped. We are optimistic about the licence and supply now," said Nutt, head of neuropsychopharmacology at Imperial College London in the U.K.

A treatment 'prospector'

"I'm not saying we will revolutionize depression treatment, but there is a group for whom it will be useful."
U.K. Professor David Nutt

No stranger to controversy — Nutt was fired as government adviser for claiming ecstasy is as safe as horse riding — he is set to push the boundaries with the first trial of magic mushrooms to treat depression.

Research has shown that psilocybin, the active ingredient in mushrooms, dampens the brain's anterior cingulate cortex, which is overactive in depression sufferers. Trials will target the most severe cases. "The hypothesis is lasting benefits for people who have not responded to interventions," Nutt said. If the treatment seems radical, he argues it is proportionate. "Depression is the largest cause of disability in Europe, and only two-thirds of people get well. The rest are out of work and can't cope — we have to try everything."

Magic mushrooms sit in a fridge in 2005 in London, England. DANIEL BEREHULAK/GETTY IMAGES

But despite a rigorous attachment to evidence, Nutt admits he is fighting a crusade and wants to "tap into a reservoir" of hard drugs in clinical practice. "It's a campaign for the liberation of science — drug laws have censored research in this field for 60 years. I think it's the worst censorship since the Catholic Church stopped Galileo using his telescope."

Psilocybin and other mind-altering drugs are becoming popular solutions to a broad spectrum of mental-health issues. A 2012 study found that ecstasy chemical MDMA had a lasting impact on post-traumatic stress disorder. Norwegian academics recently found that LSD improved misuse rates in 59 per cent of alcoholics.

"LSD seems to help people see their problems in a different light, to give new insights into their problems ... and to make a strong resolution to discontinue their drinking," psychologist Pål Johansen said.

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Pre-Approval Notice

IF YOU PURCHASED NEW BALANCE TONING SHOES YOUR RIGHTS MAY BE AFFECTED BY A PROPOSED CLASS ACTION SETTLEMENT

A proposed class action settlement has been reached involving New Balance Toning Shoes.

WHO IS INCLUDED?

You may be a Class Member if you purchased in Canada the New Balance Toning Shoes listed below from **January 1, 2010 until May 30, 2013.**

TONING SHOES:

Rock&Tone, TrueBalance, Aravon Ria, Aravon Riley and Aravon Quinn

WHAT IS THIS CASE ABOUT?

The lawsuit claims that New Balance made certain misrepresentations regarding the benefits of wearing its Toning Shoes in its marketing and sales. New Balance denies it did anything wrong. The Court did not decide which side was right. Instead, the parties have decided to settle.

WHAT DOES THIS SETTLEMENT PROVIDE?

A maximum Settlement Cap of not more than $155,000 is intended to pay claims to eligible Class Members and the costs of the settlement notice. New Balance is also agreeing to refrain from certain practices and to separately pay attorneys' fees, an award to the Representative Plaintiff and the costs of settlement administration. Full details about the Settlement are on the website www.clg.org.

WHAT TYPE OF COMPENSATION CAN YOU RECEIVE?

New Balance will provide to each individual Class Member that qualifies for Compensation the following:

- For a single pair of Toning Shoes: an amount of $100, without the necessity of proof of purchase.
- For two or more pairs of Toning Shoes: a maximum amount of $200, with proof of purchase required for at least one of the pairs of Toning Shoes.

For each Claimant who submits a valid Claim, New Balance shall provide payment as described above, so long as providing such Compensation does not exceed the Settlement Cap. If providing each Claimant with such Compensation will exceed the Settlement Cap, then in such circumstances each Claimant's Compensation shall be reduced on a pro rata basis.

HOW DO YOU ASK FOR A PAYMENT?

To get money, eligible Class Members must submit a claim form by mail postmarked no later than **November 14, 2013.** Payments could be up to $100 for each pair of Toning Shoes purchased, up to a maximum of $200 for multiple pairs of Toning Shoes, but will vary depending upon the number of Claims submitted by all Class Members and the costs of settlement notice, as specified more fully in the Settlement Agreement.

WHAT ARE YOUR OPTIONS?

If you are a Class Member, you may (1) do nothing; (2) exclude yourself; (3) send in a Claim Form; and/or (4) object to the settlement. If you don't want to be bound by the settlement, you must exclude yourself. However, if you exclude yourself, you can't get a payment, but you can sue New Balance for these claims. If you stay in the Class, you may submit a Claim Form and/or object to the settlement.

WHAT ARE THE IMPORTANT DATES AND DEADLINES?

A motion to approve the Settlement will be heard by the Superior Court of Quebec, 1 Notre Dame Street East, Montréal, Quebec on **June 21, 2013 at 8:40 a.m. in room 2.08.**

If the proposed Settlement is approved, it will be binding on all Class Members except those who timely and properly opt out.

If you wish to opt out, you must no later than **August 19, 2013:** i) complete and submit by mail the Opt Out Form; ii) the Opt Out Form is available on Class Counsel's website at **www.clg.org.** Class Members who want to opt out and who are residents of Quebec must IN ADDITION give notice to the Clerk of the Superior Court of Quebec.

If you wish to object to the proposed settlement, you must send a written notice of objection to Class Counsel and Defence Counsel by no later than **June 11, 2013.** Your written objection should include: (a) your name, address, e-mail address and telephone number; (b) a brief statement of the reasons for your objection; and (c) whether you plan to attend at the hearing in person or through a lawyer, and if by lawyer, the name, address, e-mail address and telephone number of the lawyer. Class Members who do not oppose the proposed settlement need not appear at the settlement approval hearing or take any other action at this time.

WHEN SHOULD I MAKE A CLAIM?

The Claim Form is available on Class Counsel's website at **www.clg.org.** A Claim Form must be postmarked no later than **November 14, 2013.** The Claim form must be sent by mail to: New Balance Settlement Canada c/o Borden Ladner Gervais LLP, attention Marie Gamelin at 1000, de la Gauchetière Street West, Suite 900, Montreal, Quebec, H3B 5H4. There will be no further notice in the newspapers of this Settlement Agreement.

WHEN DO I GET PAID?

Cheques will only begin to be mailed to eligible Class Members for Compensation at the earliest starting on **November 26, 2013,** assuming that the Settlement is approved and that such judgment has become final.

HOW CAN YOU GET MORE INFORMATION?

A complete copy of the Settlement Agreement and detailed information on how to obtain or file a Claim are available on Class Counsel's website at **www.clg.org.** To obtain a paper copy or for other information, please call Class Counsel at the numbers below.

WHO REPRESENTS ME?

The Class Counsel, or law firm representing the petitioner, is the following:

Jeff Orenstein
Consumer Law Group Inc.
4150, Sainte-Catherine St. West, Suite 330
Montreal, Quebec, H3Z 2Y5
Phone:
1-888-909-7863 Toll Free
514-266-7863 Montreal
416-479-4493 Toronto
613- 627-4894 Ottawa
Email: jorenstein@clg.org
Website: **www.clg.org**

If there is a conflict between the provisions of this Notice and the Settlement Agreement and any of its Schedules, the terms of the Settlement Agreement shall prevail.

This notice has been approved by the Superior Court of Quebec.

Third man arrested in alleged VIA terror plot

Recruiter? Authorities say Tunisian 'radicalized' a Montreal man who planned to help blow up a cross-border train

A former Canadian resident arrested in the U.S. allegedly "discussed" plans to kill tens of thousands of people through air and water contamination with a Montreal man already accused in a terror plot.

Tunisian national Ahmed Abassi has been charged with fraudulently applying for a visa to remain in the U.S. to facilitate an "act of international terrorism," U.S. authorities said on Thursday. Prosecutors allege Abassi had "radicalized" Chiheb Esseghaier, one of two men charged with plotting to attack a VIA Rail train.

Prosecutors said Abassi told an undercover FBI agent that Esseghaier's plans were good but the time was not right.

"The defendant noted that he had suggested an alternative plot — contaminating the air or water with bacteria to kill up to 100,000 people — but that Esseghaier was dismissive of that plan," prosecutors said.

Officials said Abassi in March travelled from Canada to the U.S., where he was arrested the same day Canadian authorities arrested Esseghaier and Raed Jaser of Toronto.

THE CANADIAN PRESS

Railway security

VIA says it is contemplating whether to ask travellers for ID to buttress security.

- Spokesman Jacques Gagnon said, "In the context of what has happened recently, we are looking at this. But I cannot speculate as to what (we) will do."

Canuck spaceman agrees to lead the Stampede

ROBSON FLETCHER
Metro in Calgary

Chris Hadfield THE ASSOCIATED PRESS

After the idea was raised in a Twitter conversation between Calgary Stampede officials and Chris Hadfield on the International Space Station, the Stampede invited the Canadian astronaut to lead its 2013 parade, and he promptly said yes.

"Calgary in July sounds lovely! Anything worth coming to see that time of year?" Hadfield tweeted on Wednesday.

The Stampede replied, "What do you think about sitting in a horse saddle at full gravity?"

Hadfield shot back: "I'll be ready to ride anything that stays below 8km a second."

That prompted Stampede president Bob Thompson to take things a step further. "We would like you to be a big part of our 2013 celebration here in Calgary," Thompson said in a YouTube video posted Thursday. Shortly after noon Mountain Time, Hadfield accepted the invitation.

Castro held on $8M bail

Ariel Castro appears in Cleveland Municipal court on Thursday. Castro, accused of raping and kidnapping three women, was ordered held on $8 million bail. DAVID DUPREY/THE ASSOCIATED PRESS

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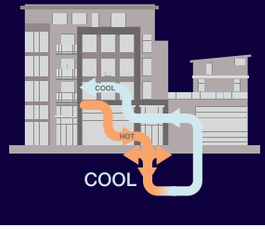
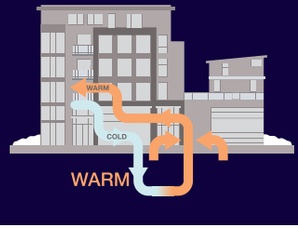


COLD TEMPERATURE



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Disney kills Day of the Dead trademark request

Patently ridiculous. The Mouse backs down after Latino activists mock its attempt to appropriate cultural holiday for film

When Lalo Alcaraz learned this week that Disney was seeking to trademark Dia de los Muertos, the name of the traditional Day of the Dead celebrated by millions in Mexico and the U.S., the cartoonist had an idea.

The trademark was for an animated movie by Disney and Pixar Animation Studios Inc. that is inspired by the holiday.

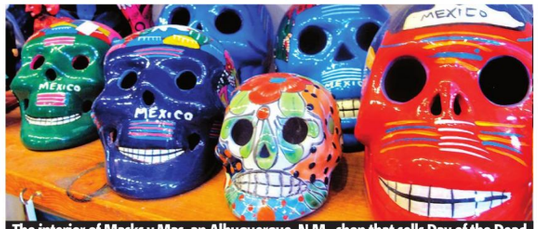
The Los Angeles-based humorist created a movie poster that quickly went viral of a skeletal Godzilla-sized Mickey Mouse, with the words: "It's coming to trademark your cultura (culture)."

Anger and ridicule expressed on social media largely by Latinos began circulating. On Tuesday, Disney said it was no longer seeking a Dia de los Muertos trademark request because the film's name will change before its release.

"Disney's trademark filing was intended to protect any potential title for our film and related activities," a company statement said. "It has since been determined that the title of the film will change."

Disney has not said that social media responses were responsible for the withdrawn trademark request. The company did not immediately return a phone call from The Associated Press. Whatever the reason, the episode showed how quickly reactions to even the smallest corporate move can spread online and lead to calls for boycotts.

THE ASSOCIATED PRESS



The interior of Masks y Mas, an Albuquerque, N.M., shop that sells Day of the Dead art year round. Critics said Disney's Dia de los Muertos trademark request put thousands of businesses making products linked to the day at risk. THE ASSOCIATED PRESS

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Air safety. EasyJet to test ash-detection system

A U.K. budget airline will create an artificial volcanic ash cloud over Europe this summer to test ash detection technology. The experiment aims to avoid the kind of chaos that paralyzed the continent's air traffic during eruptions in Iceland three years ago.

Thursday's announcement was made by easyJet, which acquired a ton of ash collected in Iceland by scientists in the months after the 2010 eruptions for its test.

EasyJet PLC said it is working with Airbus and Nicarnica Aviation, a Norwegian research company, on developing infrared technology fitted to planes that will feed images of an ash cloud to pilots and control operators on the ground.

The U.K.-based carrier said the system, which works like a weather radar for ash, will enable pilots to see an ash cloud up to 100 kilometres ahead of the aircraft. The pilot can then make small adjustments to the plane's flight path to avoid it.

"There is currently no radar technology that can detect ash, and even in daylight the pilot can't see it," said Ian Davies, easyJet's engineering director.

THE ASSOCIATED PRESS

A volcano in southern Iceland sends up ash in this April 2010 file photo. The eruption kept much of Europe landbound. THE ASSOCIATED PRESS FILE

Forecast

Loonie could hit 90¢ by end of year, new report says

The shine is about to come off the Canadian dollar. TD Bank says in a new forecast the loonie, which has been hovering around parity with the U.S., could hit as low as 90 cents US by the end of the year and early 2014. The loonie has in fact strengthened of late, but the report's authors say that won't last. THE CANADIAN PRESS

Market Minute

DOLLAR 99.26¢ (-0.41¢)

TSX 12,543.90 (-41.15)

OIL $96.39 US (-23¢)

GOLD $1,468.60 US (-$5.10)

Natural gas: $3.98 US (no change)
Dow Jones: 15,082.62 (-22.50)

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MOST BEAUTIFUL LIST IS COMPLICATED

THE METRO LIST

Paul Sullivan
metronews.ca

And now from Metro News Central, here's the weekly list of things that make you go … hmmm?

1 **Bye-bye beautiful.** Hello! Magazine Canada is out with its list of 50 Most Beautiful Canadians and a face only Chad Kroeger could love is on the cover. Besides Avril Lavigne, other beauties include Justin Bieber and the Ryans, Reynolds and Gosling. Of course, none of these people actually live in Canada.

2 **Came from away.** Some people actually want to live in Canada. Quite a lot of people, actually. According to the latest census results, released this week, 6.8 million Canadian residents came from someplace else.

3 **The world is a safer place this week.** Cleveland man Ariel Castro was arrested and charged with rape and kidnapping after three women allegedly escaped from his clutches after being held captive for a decade; bad boy and former Italian prime minister Silvio Berlusconi had his four-year sentence for tax evasion upheld; and Hans Lipschis, a guard at Auschwitz from 1941-45, was arrested in Germany this week. Lipschis is 93 years old. Karma is not always instant.

4 **The world is not a safer place this week.** If you've got a commercial 3D printer, 60 bucks worth of plastic and Wi-Fi, you can print your own arsenal. A University of Texas law student is the first to print up a working .38-calibre handgun. He won't be the last.

5 **The world is not a safer place, especially if you're a chicken.** Some kid at the College of Art and Design in Calgary slaughtered a chicken in the school cafeteria recently in an act of "performance art." The kid's instructor was fired, presumably, for not being able to tell the difference between art and life. Some of his students are protesting his dismissal. The chicken was not consulted.

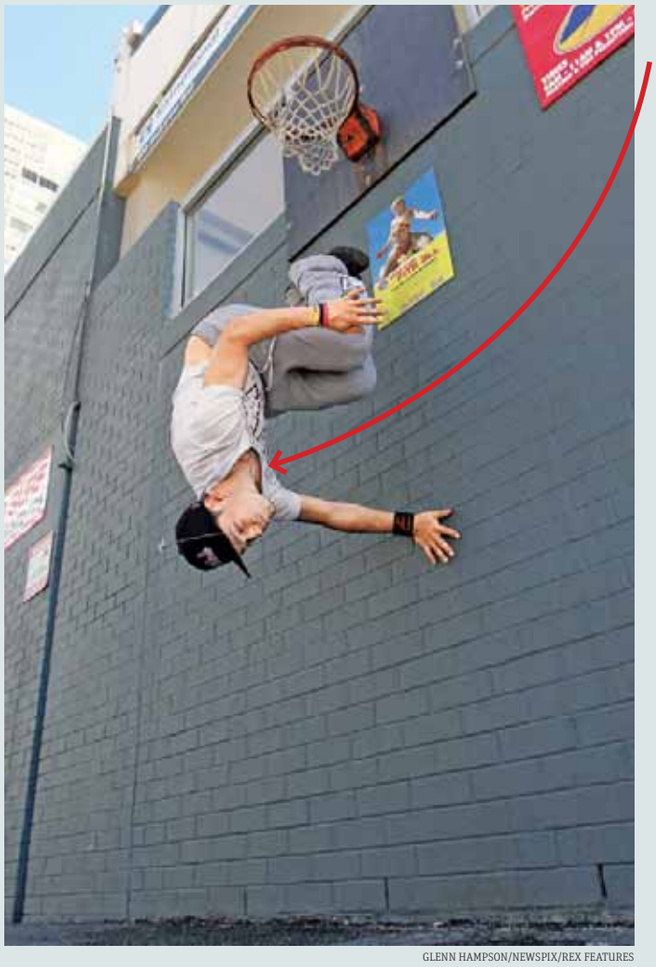
6 **Speaking of life and art.** One of the most popular baby names for girls in 2012 was "Arya," after Arya Stark, a feisty girl character in the fantasy epic Game of Thrones series that has captivated the nerdiverse. Jacob and Sophia were the most popular baby names in 2012. That's AD, not BC, although they were probably pretty hot back then, too.

7 **Hockey Night in Canada continues.** Sadly, not for the Vancouver Canucks, who were swallowed whole by the San Jose Sharks in four straight games. As this is written, the Montreal Canadiens, the Ottawa Senators and even the Toronto Maple Leafs are still in the quest for Lord Stanley's Cup. Well, at least Vancouver still has Lord Stanley's Park, which this week was declared the No. 2 most beautiful city park in the world by Travel + Leisure magazine. No. 1 is Park Güell, designed by the weird and wonderful Antoni Gaudí, in Barcelona. And isn't this where we came in?

Follow The Metro List on Twitter @TheMetroList

ZOOM

Not even gravity can get him down



GLENN HAMPSON/NEWSPIX/REX FEATURES

Daredevil turns into stuntman for Wolverine 2 after YouTube videos

Parkour enthusiast Jesse Turner has gone from cult acclaim to celebrity through being recruited to perform stunts in the upcoming blockbuster Wolverine 2.

The movie producers head-hunted Australian daredevil Turner from his Internet videos, which show his full range of breathtaking and terrifying moves.

METRO

Social-media maven

"I think people just like to get to know you online. Most of my jobs recently have been from videos I've launched on YouTube."

Jesse Turner

YouTube hit

90K

Turner's latest YouTube hit had passed 90,000 views at last count, a record for the stuntman.

The champions of the free-running world

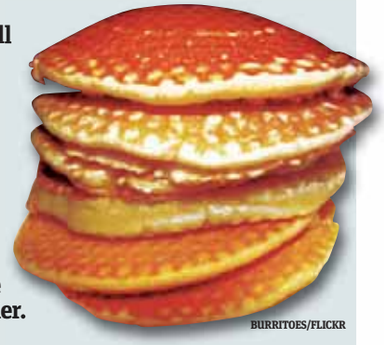
Leading figures from the world of free running:

- **Tim (Livewire) Shieff.** British winner of the World FreeRun Championship, Livewire earned his nickname for audacious moves.
- **Ryan Doyle.** Also a world champion, despite poor eyesight, Doyle specializes in performances at stunning locations such as the ancient city of Petra, Jordan.

Click bait

HANNAH ZITNER
hannah.zitner@metronews.ca

We might not all have the time (or desire) to channel Julia Child at the end of a long work day, but with the help of a few apps, getting dinner together can be a whole lot easier.



BURRITOES/FLICKR

How to Cook Everything

While five bucks may seem pricey for a cooking app, Mark Bittman's How to Cook Everything is a bargain at twice the price. The app not only has the famed New York Times columnist's recipes and how-to pics, but also gives you access to tools like timers and shopping lists.

Dinner Spinner

Wondering what to do with those day-old red peppers and half-can of coconut milk? Input whatever's in your fridge to the free Dinner Spinner app, and voilà! A new meal idea using only what you have on hand.

Ratio

For cooks who hate recipes, Ratio offers guidelines and vague instructions rather than specific directions and ingredients, letting you run wild with creativity in the kitchen.

Big Oven

With a ton of recipes and an interface that's easy to use, Big Oven repeatedly takes home "best cooking/recipe app" awards. Though no signup is needed to access recipes, creating an account lets you scan your mom's old, handwritten recipes, share your favourite meals and have a peek at your friends' recipes, too.

Twitter

@metropicks asked: The latest beauty trend involves having your blood injected into wrinkle-prone areas on the face (Kim did it on Keeping Up With The Kardashians). What's the weirdest trend you've heard of?

@jennieramstad: Human-placenta smoothies.

@maggable: That's easy...Demi Moore and her leech therapy

@JessicaSquibb: In the name of #beauty. Ew

Follow @metropicks and take part in our daily poll.

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Synopsis

Set in the Jazz Age — early 1920s in New York. Nick Carraway (Tobey Maguire) is working as a stockbroker in the city while living in a wealthy suburban enclave. His neighbour is the enigmatic Jay Gatsby (Leonardo Di Caprio), whose ornate mansion plays host to wild weekend parties. Turns out he isn't the aristocrat he claims to be, but the son of dirt-poor farmers who made a fortune as a bootlegger. Nick soon learns his cousin Daisy (Carey Mulligan) was Gatsby's first love. Gatsby and Daisy try to pick up where they left off, but Gatsby proves unable to control the future as adeptly as he created his past.

- Richard: ●●●●○
- Mark: ●●●●○

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

The Great Gatsby has plenty to look at, and a Jay-Z soundtrack to boot. HANDOUT

Pushing up Daisy

The Great Gatsby. There's plenty of eye candy here, but the real razzle-dazzle is in Carey Mulligan's portrayal of Daisy

Richard: Mark, Baz Luhrmann may be the perfect person to retell Jay Gatsby's Roaring Twenties' story. Equally at home with razzle-dazzle and substance, he captures the tone of the Jazz Age while still allowing the story's deeper resonance to shine through. It's eye candy and yet the sense of doom that hangs over the beautiful and damned characters in the story is palpable. Without it this would be just another story about pretty people doing pretty-people things.

Mark: Richard, I approached this movie with some trepidation. Luhrmann is such an overwhelming director, and Fitzgerald's book can be as delicate as chiffon. And for the first half hour, it seemed that the story would be swallowed up in crazed, hallucinogenic fantasias of swirling 3D visuals, not that there's anything wrong with that. It's amazing to watch. But then the movie settled down and captured the beautiful and tragic romance between Gatsby and Daisy, and became profoundly moving. The actors all play their parts well, but I have to say the film belongs to Carey Mulligan.

RC: Absolutely. Daisy is one of Fitzgerald's "bright precious things," a hothouse flower and Mulligan has a face capable of simultaneously showing great happiness and profound sadness, a duality that serves her character well. She effortlessly tosses off shallow lines like, "Your life is adorable," while digging deep to convey Daisy's conflicted nature.

MB: She's exactly as I imagined her when I first read the novel over 40 years ago. I wasn't as sure about DiCaprio at first, but he grew on me. I loved the way Luhrmann took vintage movies of New York in the '20s and colourized them, and then converted them to 3D. There's a scene that takes place on a rooftop patio overlooking Times Square that completely changed the way I imagined Manhattan of the past. But what did you think of the anachronistic score?

RC: It's probably my least favourite part of the film. I get what Luhrmann was trying to do, but here, unlike Moulin Rouge! it doesn't really work. The Jazz Age Amy Winehouse song is OK, but the Jay-Z tune feels more like an attempt to sell soundtracks.

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Drama

Kon Tiki

Directors. Joachim Roenning, Espen Sandberg

Stars. Pal Sverre Hagen, Tobias Santelmann

Kon Tiki is a movie to be seen on the big-screen. Beautifully-shot, this epic drama (and Norway's most successful film in 2012) is an inspirational, absorbing survival tale about an explorer's trek across the ocean on a balsa wood raft. An Oscar-nominee for best Foreign Language Film (even though it's primarily in English), the film may amplify the true-life adventure for filmgoers but as far as cinema goes, Kon Tiki is a ship worth sailing. **STEVE GOW**

Drama

Blackbird

Director. Jason Buxton

Stars. Connor Jessup, Alexia Fast

Writer-director Jason Buxton's Blackbird feels like a typical drama about a troubled teen before upping the ante a third of the way through. Sean is a gothy-teen, shunned by the cool kids at school despite a budding romance with Deanna, the hockey captain's girlfriend. Yet things go sideways when the murder tale Sean posts online sparks outrage in the community and he's thrown in jail for plotting a school shooting. The film's strength comes from Buxton's ability to keep viewers guessing. **IAN GORMELY**

Comedy

Peeples

Director. Tina Gordon Chism

Stars. Craig Robinson, Kerry Washington

For all the everyman charm of star Craig Robinson, Peeples is still as derivative as comedies get. Basically a twist on Meet the Parents (and many other films pirating the same premise), Peeples spotlights an undistinguished wannabe-therapist trying to win acceptance from his girlfriend's pompous papa. Hyped-up hijinks may humour some moviegoers (especially if you like kiddy songs about urine) but boilerplate characters are borderline insulting and an uninspired storyline remains mostly forgettable. **STEVE GOW**

Drama

At Any Price

Director. Rahim Bahrani

Stars. Dennis Quaid, Zac Efron

As the title suggests, this is a movie about the price of winning at any cost. Dennis Quaid is a second-generation farmer and seed salesman who dreams of his son Dean (Zac Efron) taking over the business. Dean's head is elsewhere, but when the family business is threatened they reluctantly pull together despite their personal differences and a dark secret. At just an hour and 45 minutes the film feels long, as though the core idea is stretched to fill the time, rather than serving the story. **RICHARD CROUSE**

The Great Gatsby

"I don't think about expectations. Everything I did in this work, everything we did, the focus was to try and reveal the novel... The novel wasn't set in a period called the 'Minimal Twenties.' It was called the 'Roaring Twenties.' So it had to roar."

Baz Luhrmann on directing the newest adaptation of F. Scott Fitzgerald's The Great Gatsby

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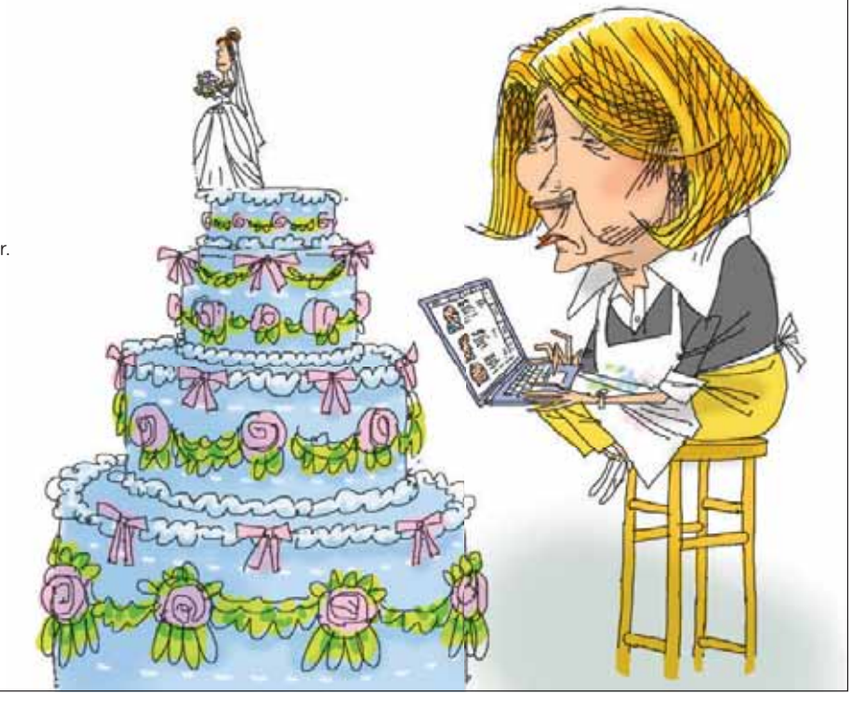

Simon Pegg in Star Trek Into Darkness. HANDOUT

Daddy's going to hang today

Q&A. Simon Pegg, returning in Star Trek Into Darkness, tells us what his three-year-old daughter thinks he does all day

ROMINA MCGUINNESS
scene@metronews.ca

People who get Star Wars and Star Trek confused — does that infuriate you?
You can't expect everyone to know. It's like when you follow a certain religion and you think everyone celebrates Christmas. They don't!
On to Star Trek Into Darkness. The scene where the spaceship is going all over the place and you and Chris Pine are jumping around and hanging off railings. Is that look on your face genuine terror?
It was more pain. I had to hang from Chris' hand and the harness could only go from my one hip so I was slightly skewed. But no, it was all acting. My three-year-old daughter was on set that day and she assumed that's what my job was. Hanging. She was like, 'Are you going to hang today daddy?'"
Scotty doesn't manage to hold on to the bar and is saved by a much stronger Captain Kirk. Ever been like, man, I really wish I had Chris' body?
You should feel his arms. They're like oak. We'd go to the gym together and it was amazing how the female contingent would start gravitating towards him. Nobody paid me any attention. But no, I was pretty buff at the time!
You guys should have had that chalk you wear in gym class to stop your hands from slipping.
It's not that easy to get on a falling starship…
You and Nick Frost have appeared in Shaun of the Dead, Hot Fuzz and other films together. If you could, what part would you give him in Star Trek?
I'd love him to play Harry Mudd from the original '66 series. But I wouldn't necessarily want him to be in it and I don't think he would want to either. It's not like we have to come as a package.
You don't have a love interest in this movie.
What about my little guy? That's my love interest. The little fellow. We're a unit. We're married.
Your little alien assistant? But you don't even get to kiss it.
I don't kiss it.
But if you could, who would you share a kiss with, Alice Eve or Zoe Saldana?
That's not a choice any man could make. They're both as gorgeous as each other. They come in and everyone is just like WOW.
Your character, Scotty, is Scottish. What's your favourite night cap? And whom would you share it with?
Sparkling water, I don't drink. Probably my wife.
Not a fellow actor? Have you met everyone in Hollywood that you've wanted to meet, as a fan?
I don't think you could ever meet everybody. L.A. is like one of those safari parks where you can walk amongst the animals. You see like, Jeff Goldblum in the supermarket.

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2011	Passion Coupe	N156589	Cristal White	10,300KM	~~$13,850~~	$11,500
2011	Passion Coupe	N156629	River Silver	10,600KM	~~$13,850~~	$11,500
2011	Passion Coupe	N156630	Rally Red	10,600KM	~~$13,850~~	$11,500
2011	Passion Coupe	N156665	Cristal White	5,500KM	~~$13,850~~	$11,500
2013	Pure Coupe	V511546	Deep Black	13,800KM	~~$13,850~~	$11,500
2013	Passion Coupe	V497805	Cristal White	4,600KM	~~$14,850~~	$13,500
2013	Passion Coupe	V511920	Deep Black	13,800KM	~~$14,850~~	$13,500
2013	Passion Coupe	V515223	Deep Black	10,200KM	~~$14,850~~	$13,500
2009	Limited 3 Edition Cab.	M489748	Melon Green	19,000KM	~~$12,850~~	$11,000
2011	BRABUS Cab.	N1180496A	River Silver	39,500KM	~~$16,850~~	$15,000

Sales Inquiries 604-707-6278 smartvancouver.ca

First, second and third month payment are waived for finance programs only on model year 2009, 2010 and 2011 smart. The payment waivers are capped up to a total of $250/month including tax.

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THESE PAGES COVER MOVIE START TIMES FROM FRI., MAY 10 TO THURS., MAY 16 TIMES ARE SUBJECT TO CHANGE.

OMNIMAX Theatre Science World 1455 Quebec St

Beavers (STC) A.M. Wed 11
Flight of the Butterflies (STC) Fri 12-2 Sat-Sun 12-2-4 Mon-Thu 12-2
Mysteries of Egypt (G) A.M. Mon 11
Pulse: A Stomp Odyssey (STC) A.M. Thu 11
Rocky Mountain Express (STC) A.M. Tue 11
To the Arctic (G) Fri-Thu 1-3

Dunbar Theatre 4555 Dunbar Street

Iron Man 3 3D (PG) Fri 3:30-7-9:50
Iron Man 3 3D (PG) Fri 3:30-7-9:50 Sat-Sun 12:30-3:30-7-9:50 Mon-Thu 3:30-7-9:50

Fifth Avenue Cinemas 2110 Burrard Street

Blackbird (14A) Fri-Thu 1:20-4:05-7:05-9:45
Kon-Tiki (G) Fri-Thu 2-4:45-7:20-9:55
Renoir (PG) Fri-Wed 1:30-4:10-7:10-9:40 Thu 1:30-4:10
The Sapphires (PG) Fri-Tue 2:10-4:30-7-9:30 Wed 2:10-4:30-9:30 Thu 2:10-4:30-7-9:30
Still Mine (PG) Fri-Thu 1:40-4:20-7:30-9:50

Pacific Cinémathèque 1131 Howe Street

Bob and the Monster (STC) Wed 7:30
Doxa Film Festival (STC) Fri-Sun
No Films Showing Today (STC) Mon-Tue Thu

Park Theatre 3440 Cambie Street

The Great Gatsby 3D (PG) No Passes Fri 3:45-6:50-9:55 No Passes Sat-Sun 12:40-3:45-6:50-9:55 No Passes Mon-Thu 3:50-6:50-9:50

Rio on Broadway 1660 E. Broadway

Barbarella (STC) Fri 11
Good Ol' Freda (STC) Sun 7
I Am Divine (STC) Fri 6:30
No Films Showing Today (STC) Sat Tue-Wed
Shut Up and Play the Hits (PG) Mon 7-9:30
Star Trek Into Darkness (STC) Thu 1-11

Scotiabank Theatre Vancouver 900 Burrard St.

Bolshoi Ballet: Romeo and Juliet (STC) Sun 12:55
Iron Man 3 (PG) No Passes Fri 12-2:35-3:05-5:40-6:10-8:45-9:20 No Passes Sat-Sun 11:55-12:25-2:55-3:25-6-6:30-9-9:30 No Passes Mon 12:30-3-3:30-6-6:30-9-9:30 No Passes Tue 12-2:35-3:05-5:40-6:10-8:45-9:15 No Passes Wed 12:50-3:30-3:50-6:30-6:50-9:30-9:50 No Passes Thu 12:50-3:30-3:50-6:30-9:30-10:40
Iron Man 3 3D (PG) No Passes Fri 12:30-1-3:35-4:05-6:40-7:10-9:45-10:15 No Passes Sat-Sun 12:55-1:25-3:55-4:25-7-7:30-10-10:30 No Passes Mon 12:50-1:10-3:50-4:10-6:50-7:10-9:50-10:10 No Passes Tue 12:30-1-3:35-4:05-6:40-7:10-9:45-10:15 No Passes Wed-Thu 1:10-1:30-4:10-4:30-7:10-7:30-10:10-10:30 No Passes Fri 1:30-4:35-7:40-10:45 No Passes Sat-Sun 11-1:55-4:55-8-11 No Passes Mon 1:30-4:30-7:30-10:30 No Passes Tue 1:30-4:35-7:40-10:45 No Passes Wed 2:45-5:50
Jurassic Park 3D (PG) Fri 1:10-4:10-7:20-10:20 Sat 1:20-4:20-7:20-10:20 Sun 4:20-7:20-10:20 Mon 1-4-7:05-10 Tue 1:10-4:10-7:20-10:20 Wed 1-4-10
National Theatre Live: This House (STC) Thu 7
Oblivion (PG) Fri 1:25-4:25-7:30-10:30 Sat-Sun 1:35-4:35-7:40-10:40 Mon 1:25-4:25-7:20-10:20 Tue 1:25-4:25-7:30-10:30 Wed 1:25-4:25-7:20-10:30 Thu 1:25-4:25-7:20-10:20
Pain & Gain (14A) Fri-Sun 1:45-4:45-7:50-10:50 Mon 1:20-4:20-7:25-10:25 Tue 1:35-4:35-7:35-10:40 Wed-Thu 1:20-4:20-7:25-10:25
The Place Beyond the Pines (14A) Fri 12:35-3:50-7-10:10 Sat-Sun 12:45-4-7:10-10:15 Mon 12:35-3:40-7-10:05 Tue 12:35-3:50-7-10:10 Wed 12:50-3:55-7-10:05
Rockshow (G) Wed 7:15
Star Trek Into Darkness (STC) No Passes Thu 12:50-4-7:15-10:25
Star Trek Into Darkness 3D (STC) No Passes Wed 9 No Passes Thu 1:20-4:30-7:40-10:50 No Passes Thu 1:40-4:50-8

Vancity Theatre Vancouver International Film Centre 1181 Seymour Street

Call Theatre For Showtimes (STC) Fri-Sun
Cinema Salon: The Rules of the Game (STC) Tue 7:30
Doxa Film Festival (STC) Fri-Sun
Hamlet (STC) Mon 7
Mariachi Movie Night (STC) Wed 7

Vancouver Aquarium 4D Experience Theatre 845 Avison Way

The Great Salmon Run 4D Experience (STC) Fri 11:15-12:15-1:15-2:15-3:15-4:15 Sat-Sun 11:15-11:45-12:15-12:45-1:15-1:45-2:15-2:45-3:15-3:45-4:15 Mon-Thu 11:15-12:15-1:15-2:15-3:15-4:15

Esplanade 6 200 West Esplanade

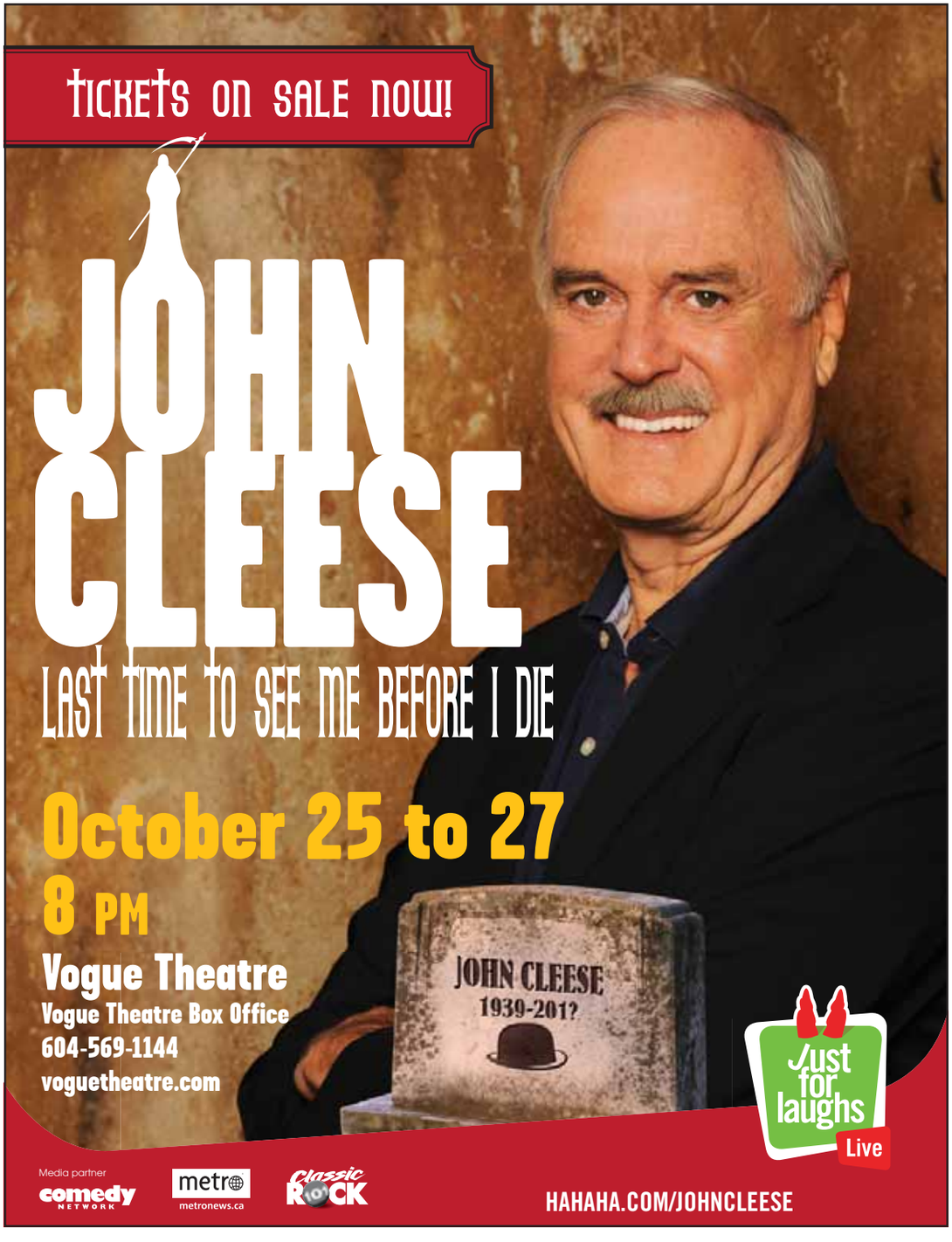
42 (PG) Fri 6:45-9:40 Sat-Sun 12:15-3:25-6:45-9:40 Mon-Wed 6:45-9:40
The Big Wedding (PG) Fri 7:15-9:50 Sat-Sun 12:45-3:45-7:15-9:50 Mon-Wed 7:15-9:50
Iron Man 3 (PG) No Passes Fri 7-10 No Passes Sat-Sun 1-4-7-10 No Passes Mon-Wed 7-10 No Passes Thu 6:45-7:30-10
Iron Man 3 3D (PG) No Passes Fri 6:30-7:30-8-9:30 No Passes Sat-Sun 12-12:30-1:15-3:15-3:35-4:20-6:30-7:30-8-9:30 No Passes Mon-Wed 6:30-7:30-7:45-9:30 No Passes Thu 6:30-9:30
Star Trek Into Darkness (STC) Digital Presentation, Dolby Stereo Digital, No Passes Thu 8:30
Star Trek Into Darkness 3D (STC) Digital Presentation, Dolby Stereo Digital, No Passes Thu 7-8-9:45

Park & Tilford 333 Brooksbank Ave.

The Croods (G) Sat-Sun 1:25
The Croods 3D (G) Fri 6:55-9:30 Sat-Sun 4:10-6:55-9:30 Mon-Wed 6:55-9:30 Thu 9:30
The Great Gatsby (PG) No Passes Fri 6:25-9:35 No Passes Sat 11:45-3:05-6:25-9:35 No Passes Sun 12-3:05-6:25-9:35 No Passes Mon-Thu 6:25-9:35 Star & Strollers Screening, No Passes Thu 1
The Great Gatsby 3D (PG) No Passes Fri 6:45-10 No Passes Sat-Sun 12:15-3:30-6:45-10 No Passes Mon-Thu 6:45-10
National Theatre Live: This House (STC) Thu 7
Oblivion (PG) Fri 7-9:50 Sat-Sun 1-4-7-9:50 Mon-Thu 7-9:50 Star & Strollers Screening Thu 1
Pain & Gain (14A) Fri 7:20-10:15 Sat-Sun 1:15-4:15-7:20-10:15 Mon-Tue 7:05-9:55 Wed 9:55 Thu 10:30
Still Mine (PG) Fri 7:15-9:45 Sat-Sun 2-4:30-7:15-9:45 Mon-Thu 7:15-9:45

SilverCity Riverport 14211 Entertainment Way

42 (PG) Fri-Wed 1:25-4:25-7:25-10:25 Thu 12:45-3:45-10:40
The Big Wedding (PG) Fri 1-3:20-5:40-8-10:20 Sat 11:25-1-3:20-5:40-8-10:20 Sun-Wed 1-3:20-5:40-8-10:20 Thu 1-3:15-5:40-7:55-10:15
Bolshoi Ballet: Romeo and Juliet (STC) Sun 12:55
The Company You Keep (PG) Fri-Thu 1:25-4:15-7:05-9:55
The Croods (G) Fri 12:10 Sat 11:20-12:10 Sun-Thu 12:10
The Croods 3D (G) Fri-Thu 2:40-5:10-7:40-10:10
Free Willy (STC) Sat 11
G.I. Joe: Retaliation (PG) Fri-Sun 12-2:40-5:20-8-10:45 Mon-Wed 12-2:40-5:20-8-10:35
The Great Gatsby (PG) No Passes Fri-Wed 12-3:20-6:40-9:50 No Passes Thu 4:05-6:40-9:50 Star & Strollers Screening, No Passes Thu 1
The Great Gatsby 3D (PG) No Passes Fri-Tue 12:45-4-7:15-10:30 No Passes Wed 7:15-10:30 No Passes Thu 12-3:20-7:15-10:30 No Passes Wed 12:45-4
Iron Man 3 (PG) No Passes Fri 11:55-2-3-5:10-6:10-8:20-9:20 No Passes Sat 10:55-11:55-2-3-5:10-6:10-8:20-9:20 No Passes Sun-Wed 11:55-2-3-5:10-6:10-8:20-9:20 No Passes Thu 11:55-3-5:30-6:10-8:40-9:20 Star & Strollers Screening, No Passes Thu 1
Iron Man 3 3D (PG) No Passes Fri-Sun 1:20-4:30-7:40-10:50 No Passes Mon-Thu 1:20-4:30-7:40-10:40 No Passes Fri 12:20-2:30-3:30-5:40-6:40-8:50-9:50 No Passes Sat 11:25-12:20-2:30-3:30-5:40-6:40-8:50-9:50 No Passes Sun-Wed 12:20-2:30-3:30-5:40-6:40-8:50-9:50 No Passes Thu 12:20-12:50-3:30-3:55-6:45-7:10-9:50-10:20
Iron Man 3: An IMAX 3D Experience (PG) No Passes Fri-Tue 1-4:05-7:10-10:15 No Passes Wed 1-4:05
Jurassic Park 3D (PG) Fri-Tue 1:30-4:30-7:30-10:30 Wed 1:30-4:30
National Theatre Live: This House (STC) Thu 7
Oblivion (PG) Fri-Sun 1:45-4:45-7:45-10:45 Mon-Thu 1:45-4:45-7:45-10:35
Olympus Has Fallen (14A) Fri-Sat 1:50-4:40-7:30-10:25 Sun 4:40-7:30-10:25 Mon 1:10-4:05-10:25 Tue 1:50-4:40-7:30-10:25 Wed 1:10-4:05-10:25
Oz the Great and Powerful (PG) Fri-Thu 1:15-4:20-7:20-10:15
Pain & Gain (14A) Fri-Sun 1:45-4:45-7:50-10:50 Mon-Wed 1:45-4:35-7:35-10:40 Thu 1:35-4:35-7:35-10:35
The Place Beyond the Pines (14A) Fri-Wed 12:50-4-7:10-10:20 Thu 3:55-7:10-10:20
Rockshow (G) Wed 7:15
Roman Holiday (STC) Mon 7
Star Trek Into Darkness (STC) No Passes Wed 8 No Passes Thu 12:10-1:10-3:20-4:20-6:30-7:30-10:10-10:40
Star Trek Into Darkness 3D (STC) No Passes Wed 9 No Passes Thu 1:40-4:50-8
Star Trek Into Darkness: An IMAX 3D Experience (STC) No Passes Thu 1-4-8



Dolphin Cinemas
4555 E. Hastings St.

The Great Gatsby (PG) Fri 4-6:45-9:30 Sat-Sun 1:15-4-6:45-9:30 Mon-Thu 4-6:45-9:30
Iron Man 3 (PG) Fri 4:20-7-9:40 Sat-Sun 1:40-4:20-7-9:40 Mon-Thu 4:20-7-9:40

SilverCity Metropolis
4700 Kingsway Ave.

The Croods (G) Fri-Wed 12:15
The Croods 3D (G) Fri-Wed 2:40-5:10-7:35-10:10
Free Willy (STC) Sat 11
G.I. Joe: Retaliation (PG) Fri-Sun 12:10-2:45-5:20-7:55-10:35 Mon-Tue 12:10-2:45-5:20-7:55-10:30 Wed 12:55-3:45-10:30
The Great Gatsby (PG) No Passes Fri-Wed 12:05-3:20-6:45-9:55 No Passes Thu 12:05-3:30-6:45-9:55
The Great Gatsby 3D (PG) No Passes Fri-Thu 12:45-4-7:15-10:30
Iron Man 3 (PG) No Passes Fri-Wed 12-12:20-3-3:30-6:10-6:40-9:20-9:50 No Passes Thu 7:20 No Passes Thu 12-12:50-3-3:55-6:10-9:20-10:20
Iron Man 3 3D (PG) No Passes Fri-Sun 12:50-4-7:10-10:20 No Passes Mon-Wed 12:50-4-7:05-10:05 No Passes Thu 12:30-3:40-6:50-9:50 No Passes Fri 1:30-4:35-7:40-10:45 No Passes Sat-Sun 11-1:55-4:55-8-11 No Passes Mon-Tue 1:30-4:30-7:25-10:25 No Passes Wed 12-3:05-6
National Theatre Live: This House (STC) Thu 7
Oblivion (PG) Fri-Sun 1:40-4:40-7:30-10:25 Mon-Wed 1:40-4:40-7:30-10:20 Thu 1:35-4:40-7:30-10:20
Pain & Gain (14A) Fri-Sun 1:45-4:45-7:45-10:40 Mon-Wed 1:25-4:25-7:20-10:15 Thu 1:25-4:25-10:15
Star Trek Into Darkness (STC) No Passes Thu 12:40-3:50-6:55-10
Star Trek Into Darkness 3D (STC) No Passes Wed 9 No Passes Thu 1:15-4:20-7:25-10:25 No Passes Thu 1:40-4:50-8

SilverCity Coquitlam
170 Schoolhouse Street

42 (PG) Fri-Sun 1:10-4:20-7:20-10:25 Mon 1-3:55-6:55-9:55 Tue 1:10-4:20-7:20-10:25 Wed 1-3:55-6:55-9:55
The Big Wedding (PG) Fri 1:05-3:25-5:45-8:05-10:25 Sat 11:20-1:05-3:25-5:45-8:05-10:25 Sun 1:05-3:25-5:45-8:05-10:25 Mon 12:55-3:10-5:30-7:50-10:10 Tue 1:05-3:25-5:45-8:05-10:25 Wed 12:55-3:10-5:30-7:50-10:10 Thu 1:45-4:15-10
Bolshoi Ballet: Romeo and Juliet (STC) Sun 12:55
The Croods (G) Fri 12:05 Sat 11:25-12:05 Sun 12:05 Mon 1:50 Tue 12:05 Wed-Thu 1:50
The Croods 3D (G) Fri-Sun 2:35-5:05-7:35-10:05 Mon 4:20-6:50-9:20 Tue 2:35-5:05-7:35-10:05 Wed-Thu 4:20-6:50-9:20
Free Willy (STC) Sat 11
The Great Gatsby (PG) No Passes Fri 12-3:20-6:40-9:55 No Passes Sat 11-12-3:20-6:40-9:55 No Passes Sun 12-3:20-6:40-9:55 No Passes Mon 2-5:15-8:30 No Passes Tue 12-3:20-6:40-9:55 No Passes Wed 5:15-8:30 No Passes Thu 2-5:15-8:30 Star & Strollers Screening, No Passes Wed 1
The Great Gatsby 3D (PG) No Passes Fri-Thu 12:45-4-7:15-10:30
No Passes Fri-Sun 12:20-3:40-7-10:20 No Passes Mon 3:40-7-10:15 No Passes Tue 12:20-3:40-7-10:20 No Passes Wed-Thu 3:40-7-10:15
Iron Man 3 (PG) No Passes Fri 12:10-2-3:20-5:10-6:30-8:20-9:40 No Passes Sat 12:10-2:15-3:20-5:25-6:30-8:35-9:40 No Passes Sun 12:10-2-3:20-5:10-6:30-8:20-9:40 No Passes Mon 2-3:20-5:10-6:30-8:20-9:40 No Passes Tue 12:10-2-3:20-5:10-6:30-8:20-9:40 No Passes Wed 3:20-5:10-6:30-8:20-9:40 No Passes Thu 2-3:20-5:10-6:30-8:20-9:40
No Passes Fri-Sun 12-3-6:10-9:20 No Passes Mon 3:15-6:15-9:20 No Passes Tue 12-3-6:10-9:20 No Passes Wed 3:15-6:15-9:20 No Passes Thu 4:10-7:30-10:30 Star & Strollers Screening, No Passes Wed 1
Iron Man 3 3D (PG) No Passes Fri-Sun 12:40-3:50-7-10:10 No Passes Mon 12:50-3:50-7-10:10 No Passes Tue 12:40-3:50-7-10:10 No Passes Wed 7-10 No Passes Thu 12:50-3:50-7-10 No Passes Fri-Sun 1:30-4:40-7:50-11 No Passes Mon 4:30-7:30-10:30 No Passes Tue 1:30-4:40-7:50-11 No Passes Wed-Thu 1:30-4:30-7:30-10:30 No Passes Fri 1:30-4:35-7:40-10:45 No Passes Sat 11-1:55-4:55-8-11 No Passes Sun 1:30-4:35-7:40-10:45 No Passes Mon 1:30-4:30-7:30-10:30 No Passes Tue 1:30-4:35-7:40-10:45 No Passes Wed 4:30-7:30-10:30 No Passes Wed 2:30-5:30
Jurassic Park 3D (PG) Fri-Sun 1:55-4:55-7:55-10:55 Mon 1:25-4:25-7:25-10:25 Tue 1:55-4:55-7:55-10:55 Wed 1-4
National Theatre Live: This House (STC) Thu 7
Oblivion (PG) Fri 1-3:55-7:05-10 Sat 11:10-1-3:55-7:05-10 Sun-Thu 1-3:55-7:05-10 Fri-Sun 1-4:10-7:30-10:40 Mon 5:15-8:15 Tue 1-4:10-7:30-10:40 Wed 4:10-10:30 Thu 3:55-10:45
Olympus Has Fallen (14A) Fri-Sat 1:50-4:50-7:45-10:40 Sun 4:50-7:45-10:40 Mon 1:15-4:05-9:50 Tue 1:50-4:50-7:45-10:40 Wed 1:45-4:35-7:25-10:15
Oz the Great and Powerful (PG) Fri 1:25-4:30-7:30-10:35 Sat 1:35-4:30-7:30-10:35 Sun 1:25-4:30-7:30-10:35 Mon 1:10-4:10-7:10-10:10 Tue 1:25-4:30-7:30-10:35 Wed 1:10-4:10-7:10-10:10
Pain & Gain (14A) Fri-Sun 1:40-4:45-7:50-10:50 Mon 1:15-4:15-7:20-10:20 Tue 1:40-4:45-7:50-10:50 Wed-Thu 1:15-4:15-7:20-10:20
Fri-Sun 12:30-3:20-6:40-9:50 Mon 3:30-6:40-9:50 Tue 12:30-3:20-6:40-9:50 Wed 3:30-6:40-9:50 Thu 3:25-6:40-9:50
The Place Beyond the Pines (14A) Fri-Thu 12:50-4-7:10-10:20
Rockshow (G) Wed 7:15
Roman Holiday (STC) Mon 7
Star Trek Into Darkness (STC) No Passes Thu 12:40-2:30-3:50-5:40-7:10-8:45-10:15
Star Trek Into Darkness 3D (STC) No Passes Wed 9 No Passes Thu 1:10-4:20-7:40-10:40 No Passes Thu 4:30-8 No Passes Thu 1:40-4:50-8:15

Clova
5732-176th St. Surrey

Iron Man 3 (PG) Fri 7 Sat-Sun 1-7 Mon-Thu 7

Hollywood 3 Cinema
7125-138th Street Surrey

42 (PG) Fri-Thu 4
Escape From Planet Earth (G) Sat-Sun 2:50
Escape From Planet Earth 3D (G) Sat-Sun 12
Evil Dead (18A) Fri-Thu 9:15
G.I. Joe: Retaliation (PG) Fri-Thu 4:45-7
G.I. Joe: Retaliation 3D (PG) Fri-Thu 9:30
Jack the Giant Slayer (PG) Sat-Sun 12:30
Jurassic Park 3D (PG) Fri 7 Sat-Sun 1:55-7 Mon-Thu 7
Oz the Great and Powerful (PG) Fri 6:30-9:05 Sat-Sun 1:15-6:30-9:05 Mon-Thu 6:30-9:05
Oz the Great and Powerful 3D (PG) Fri-Thu 4:25

Strawberry Hill Grande

12161-72nd Ave, Surrey

The Croods (G) Fri 12:10 Sat 11-12:10 Sun 12:10 Mon 2:40 Tue 12:10 Wed 2:40
The Croods 3D (G) Fri-Sun 2:40-5:10-7:35-10:10 Mon 5:05-7:30-10 Tue 2:40-5:10-7:35-10:10 Wed 5:05-7:30-10
Free Willy (STC) Sat 11
Go Goa Gone (STC) Fri-Sun 1:35-4:35-7:35-10:30 Mon 1:15-4:10-6:45-9:40 Tue 1:35-4:35-7:35-10:30 Wed-Thu 1:15-4:10-6:45-9:40
The Great Gatsby (PG) No Passes Fri-Sun 12-3:20-6:40-9:50 No Passes Mon 12:30-3:40-6:55-10:10 No Passes Tue 12-3:20-6:40-9:50 No Passes Wed 4:05-7:15-10:30 No Passes Thu 12-3:20-6:40-9:50 Star & Strollers Screening, No Passes Wed 1
The Great Gatsby 3D (PG) No Passes Fri-Tue 12:45-4-7:15-10:30 No Passes Wed
12:30-3:40-6:55-10:10 No Passes Thu 12:45-4-7:15-10:30
Iron Man 3 (PG) No Passes Fri 12-3:10-6:40-9:50 No Passes Sat 11-12-3:10-6:40-9:50 No Passes Sun 12-3:10-6:40-9:50 No Passes Mon 1-3:55-6:50-9:45 No Passes Tue 12-3:10-6:40-9:50 No Passes Wed 3:55-6:50-9:45 No Passes Thu 1-4:05-7-10 Star & Strollers Screening, No Passes Wed 1
Iron Man 3 3D (PG) No Passes Fri-Sun 12:40-1:20-3:50-4:30-7:10-7:40-10:20-10:50 No Passes Mon 12:30-1:20-3:25-4:20-7:10-7:25-10:15-10:25 No Passes Tue 12:40-1:20-3:50-4:30-7:10-7:40-10:20-10:50 No Passes Wed 12:30-1:20-3:25-4:20-7:10-7:25-10:15-10:25 No Passes Thu 12:40-1:20-3:35-4:25-6:30-7:25-9:30-10:25
Lucky DI Unlucky Story (PG) Fri-Sun 12:15-3:30-6:45-9:55 Mon 1-4:05-7:15-10:20 Tue 12:15-3:30-6:45-9:55 Wed 1-4:05-7:15-10:20 Thu 12:45-3:55-7:10-10:20
Oblivion (PG) Fri-Wed 1:35-4:25-7:20-10:15
Pain & Gain (14A) Fri-Sun 1:45-4:45-7:45-10:45 Mon 1:10-4:05-7:05-10:25 Tue 1:45-4:45-7:45-10:45 Wed 1:10-4:05-7:05-10:25 Thu 1:05-4:10-7:05-10:25
Sadda Haq (14A) Fri-Wed 2:30-6:30-9:30
Shootout at Wadala (14A) Fri-Sun 12:30-3:40-6:55-10:15 Mon 12:35-3:45-7-10:10 Tue 12:30-3:40-6:55-10:15 Wed 12:35-3:45-7-10:10 Thu 12:35-3:45-6:55-10:10
Star Trek Into Darkness (STC) No Passes Thu 12:30-3:30-6:50-9:45
Star Trek Into Darkness 3D (STC) No Passes Thu 12:50-1:10-4-4:20-7:10-7:30-10:15-10:40

Studio 12 Guildford
15051-101st Ave, Surrey

The Big Wedding (PG) Fri 4:05-6:20-9:10 Sat-Sun 1:50-4:05-6:20-9:10 Mon 5:35-8:40 Tue 4:05-6:20-9:10 Wed 5:35-8:40
The Croods (G) Fri 9:55 Sat-Sun 1:20-9:55 Mon 5:05 Tue 9:55 Wed 5:05
The Croods 3D (G) Fri-Sun 4:20-7:20 Mon 8:10 Tue 4:20-7:20 Wed 8:10
Go Goa Gone (STC) Fri 4:35-7:30-10:05 Sat-Sun 2-4:35-7:30-10:05 Mon 5:40-8:20 Tue 4:35-7:30-10:05 Wed-Thu 5:40-8:20
The Great Gatsby (PG) Fri 4:30-7:45 Sat-Sun 1:15-4:30-7:45 Mon 5:15-8:30 Tue 4:30-7:45 Wed-Thu 5:15-8:30
The Great Gatsby 3D (PG) Fri 3:45-6:45-9:45 Sat-Sun 12:45-3:45-6:45-9:45 Mon 7:45 Tue 3:45-6:45-9:45 Wed-Thu 7:45
Iron Man 3 (PG) Fri 4:15-7:15-9-10:15 Sat-Sun 1-2:30-4:15-7:15-9-10:15 Mon 5-5:25-8-8:25 Tue 4:15-7:15-9-10:15 Wed-Thu 5-5:25-8-8:25
Iron Man 3 3D (PG) Fri 3:30-4:45-6:30-8-9:30 Sat-Sun 12:30-1:45-3:30-4:45-6:30-8-9:30 Mon 5:50-7:35-8:50 Tue 3:30-4:45-6:30-8-9:30 Wed-Thu 5:50-7:35-8:50
Lucky DI Unlucky Story (PG) Fri 3:40-6:55-9:50 Sat-Sun 12:40-3:40-6:55-9:50 Mon 5:45-8:45 Tue 3:40-6:55-9:50 Wed-Thu 5:45-8:45
Oblivion (PG) Fri 3:50-6:50-9:40 Sat-Sun 12:50-3:50-6:50-9:40 Mon 5:10-8 Tue 3:50-6:50-9:40 Wed-Thu 5:10-8
Pain & Gain (14A) Fri 4-7-10 Sat-Sun 1:05-4-7-10 Mon 5:55-8:55 Tue 4-7-10 Wed-Thu 5:55-8:55
Star Trek Into Darkness (STC) Thu 5:35-8:40
Star Trek Into Darkness 3D (STC) Thu 5:05-8:10

Rialto, 1732-152nd Street, White Rock

The Big Wedding (PG) Fri 7-9 Sat-Sun 2:10-7-9 Mon-Thu 7-9
The Great Gatsby (PG) Fri 6:45-9:25 Sat-Sun 2-6:45-9:25 Mon-Thu 6:45-9:25

Criterion 4 White Rock
2381 King George Highway

42 (PG) Fri-Wed 7:30
The Croods (G) Sat-Sun 2:30
Iron Man 3 (PG) Fri 7-9:20 Sat-Sun 2-7-9:20 Mon-Thu 7-9:20
Oblivion (PG) Fri 7:15-9:35 Sat-Sun 2:20-7:15-9:35 Mon-Thu 7:15-9:35
Pain & Gain (14A) Fri 7:45 Sat-Sun 2:10-7:45 Mon-Thu 7:45
Star Trek Into Darkness (STC) Thu 7:10-9:40

Colossus Langley
20090-91A Ave, Langley

42 (PG) Fri-Sun 1:30-4:30-7:30-10:30 Mon-Thu 4:05-7:05-10:05
The Big Wedding (PG) Fri 1:05-3:20-5:40-8-10:25 Sat 11:10-1:05-3:20-5:40-8-10:25 Sun 1:05-3:20-5:40-8-10:25 Mon-Thu 4:25-6:55-9:30
Bolshoi Ballet: Romeo and Juliet (STC) Sun 12:55
The Colony (14A) Fri-Sun 12:40-3:10-5:45-8:10-10:35 Mon 4:15-10:15 Tue 5-7:30-10:15 Wed 4:15-10:15
The Croods (G) Fri 12:10 Sat 11:15-12:10 Sun 12:10 Thu 4:10-6:50-9:30
The Croods 3D (G) Fri-Sun 2:40-5:10-7:40-10:15 Mon-Wed 4:10-6:50-9:30
Evil Dead (18A) Fri-Sun 1:05-3:25-5:45-8:05-10:35 Mon-Wed 5:10-7:40-10:15 Thu 4:30-10:30
Free Willy (STC) Sat 11
The Great Gatsby (PG) No Passes Fri-Sun 12-3:20-6:40-9:50 No Passes Mon-Tue 3:30-6:45-10 No Passes Wed 6:45-10 No Passes Thu 3:30-6:45-10 Star & Strollers Screening, No Passes Wed 3
The Great Gatsby 3D (PG) No Passes Fri-Sun 12:45-4-7:15-10:30 No Passes Mon-Tue 4-7:15-10:30 No Passes Wed 7:15-10:30 No Passes Thu 4-7:15-10:30 No Passes Wed 4
Iron Man 3 (PG) No Passes Fri 12-2:30-3-5:40-6:10-8:50-9:20 No Passes Sat 11:25-12-2:30-3-5:40-6:10-8:50-9:20 No Passes Sun 12-2:30-3-5:40-6:10-8:50-9:20 No Passes Mon-Tue 5:40-6:10-8:50-9:20 No Passes Wed 6:10-8:50-9:20 No Passes Thu 5:40-6:10-8:50-9:20 Star & Strollers Screening, No Passes Wed 3
Iron Man 3 3D (PG) No Passes Fri 1:20-2-4:30-5:10-7:40-8:20-10:45 No Passes Sat 11-1:20-2-4:30-5:10-7:40-8:20-10:45 No Passes Sun 1:20-2-4:30-5:10-7:40-8:20-10:45 No Passes Mon-Thu 4:30-5-7:40-8:20-10:45 No Passes Fri-Sun 12:20-3:30-6:40-9:50 No Passes Mon-Wed 3:30-6:40-9:50 No Passes Thu 3:35-6:40-9:50
Iron Man 3: An IMAX 3D Experience (PG) No Passes Fri-Sun 1-4:05-7:10-10:15 No Passes Mon-Tue 4-7-10 No Passes Wed 4
Jurassic Park 3D (PG) Fri-Sun 1:10-4:05-7-10 Mon-Tue 4:05-7-10:05 Wed 4:05
National Theatre Live: This House (STC) Thu 7
Oblivion (PG) Fri-Sun 1:50-4:45-7:45-10:45 Mon-Thu 4:15-7:15-10:10
Olympus Has Fallen (14A) Fri 1:55-4:40-7:25-10:25 Sat 11:05-1:55-4:40-7:25-10:25 Sun 4:40-7:25-10:25 Mon-Wed 4:15-7:10-10:25
Oz the Great and Powerful (PG) Fri-Sun 1:25-4:35-7:35-10:40 Mon-Wed 4:35-7:35-10:40
Pain & Gain (14A) Fri-Sun 1:15-4:35-7:35-10:40 Mon-Thu 4:20-7:20-10:30
The Place Beyond the Pines (14A) Fri-Sun 12:45-3:55-7:10-10:20 Mon-Thu 3:55-7:10-10:20
Rockshow (G) Wed 7:15
Roman Holiday (STC) Mon 7
Star Trek Into Darkness (STC) No Passes Wed 8 No Passes Thu 3:30-5:10-6:45-8:30-10
Star Trek Into Darkness 3D (STC) No Passes Wed 9 No Passes Thu 4:20-7:30-10:40 No Passes Thu 4:50-8:15
Star Trek Into Darkness: An IMAX 3D Experience (STC) No Passes Thu 4-8

Twilight Drive-In
260th Street & Fraser Highway, Langley

Iron Man 3 (PG) Fri-Thu 8:45
The Last Stand (14A) Fri-Sat 1:30
Oz the Great and Powerful (PG) Fri-Thu 11:15

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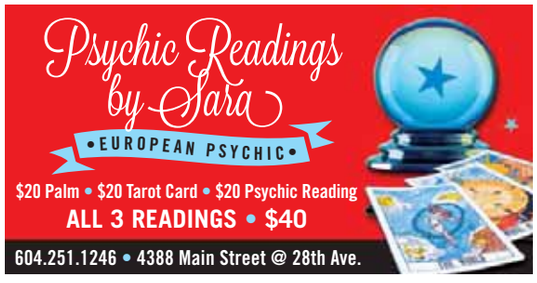
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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Fall Out Boy's Wentz opens up about his drug addiction

THE WORD
Dorothy Robinson
scene@metronews.ca

The 33-year-old bassist for Fall Out Boy (and the ex of one Ashlee Simpson) opens up in a new issue of Rolling Stone about how he sunk into a pill addiction after Fall Out Boy went on hiatus in 2009.

The rocker says he abused Xanax and Klonopin, which are primarily used to treat anxiety. "I was probably physically and mentally addicted," Wentz reveals. "It started from insomnia and anxiety from flying, then it spiralled. He continues, "I felt like a loser already. I'd basically gone from being the guy in Fall Out Boy to being the guy, who, like, hangs out all day. I didn't see how I'd ever come out on the other side."

Things only got worse when Wentz split from Simpson. "I was scared of everything. I thought there were always people listening to me," he says. "Like, I had my house searched for bugs. It was crazy."

Wentz says he is clean now, thanks to his son Bronx, 4, and extensive work with a therapist.

David Bowie ALL GETTY IMAGES

Church leaders not impressed with Bowie's bar-hopping Jesus

Church leaders have reacted angrily to the release of a video to accompany David Bowie's latest single, The Next Day, in which he poses as Jesus in a bar. Lord Carey, the former Archbishop of Canterbury — the global head of the Anglican church — said the video was "juvenile" and urged Christians to "rise above it." But he also couldn't resist having a dig: "I doubt that Bowie would have the courage to use Islamic imagery — I very much doubt it." The video contains a sequence of Bowie in a bar in robes, striking a Christ-like pose. Gary Oldman and Marion Cotillard are also featured. Oldman is dressed as a priest, while Cotillard is in her underwear, with blood spurting from two wounds in her hands.

Not their kind of Jesus

"I doubt Bowie would have the courage to use Islamic imagery — I very much doubt it."

Lord Carey, the former Archbishop of Canterbury
On the singer songwriter's latest video release depicting him as Jesus.

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Liquid Assets

Cocktails made easy

LIQUID ASSETS
Peter Rockwell
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It's never too early to get your ice cubes in a row when it comes to summertime cocktails. Though popping the cork on a bottle of wine or twisting-off the cap of a chilled beer may be easier, no drink makes your back deck feel more like the Caribbean than a mixed drink.

While some are complicated, most cocktails are a lot easier to make than you might think. Warm weather favourites like the Bloody Caesar (invented in Canada), the Margarita and the Cosmopolitan are no-brainers.

I love to get my Mojito on this time of year. The Cuban classic, which combines white rum, sugar, lime juice, sparkling water, mint leaves and a bit of muddling, is one of the most refreshing drinks in the mixology handbook.

Bacardi — Cuba's hometown hero — is the standard white rum of choice for a Mojito. I kneel to liquid tradition, but find the new wave of white spiced rums make an even better impression in the glass. Captain Morgan Silver Spiced Rum ($24.49 to $29.99) mixes white spices, vanilla and a subtle sweetness that works wonders with the Mojito's minty personality. **PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

A sophisticated breakfast for mom

Scrambled Eggs with Brie Cheese and Smoked Salmon.
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Scrambled eggs made with velvety brie cheese and savoury smoked salmon is a real treat for a Mother's Day breakfast.

I have given a choice of using natural liquid egg substitutes instead of using three eggs per person, which have excess fat and cholesterol.

1. In large skillet sprayed with vegetable oil, add egg substitute or eggs and milk.

2. On a medium heat continue to scramble just until eggs are almost set. Do not overcook.

3. Serve the scrambled eggs with smoked salmon and brie cheese over top and sprinkle with salt and ground pepper.

This recipe serves two. MIKE MCCOLL

Ingredients

Prep time: 5 minutes
Cook time: 5 minutes

- 1 1/2 cup egg substitutes or 6 large eggs
- 1/4 cup lower fat milk
- 1/4 cup diced smoked salmon
- 1 1/2 oz diced brie cheese
- Pinch of salt and pepper

Nutrition per serving for egg substitutes

187 calories, 26.6 g protein, 6.3 g fat, 3.9 g saturated fat, 5.2 carbohydrates, 25 mg cholesterol, 785 mg sodium, 0 g fibre

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Coquitlam

metro TW Trend Watch

SLEEK & SEXY

Humidity can be measured two ways — relatively or by dew point — but who needs percentages when frizzy hair is the best dead giveaway?

This season's most delectable hair trends, however, are seemingly without regard for humidity. Styles spotted on the runways rarely swayed from sleek, but how strands were tied ranged from tight knots (at Ralph Lauren and Givenchy) to simple braids (at Jason Wu and Marchesa) and low-slung ponytails (at Michael Kors and Jil Sander). The common theme among them was simplicity, with not a complicated up-do in sight. Therefore, replicating this season's knotty trends should be a cinch — it's beating the humidity and fighting off frizz that will take some technique.

Using a wax to build hair's defence against frizz before styling can work. Waxes both seal moisture in and prevent excess water from entering the hair cuticle, which is what ultimately causes strands to puff up and kink, no matter the season.

Hair waxes are also known as pomade, styling crème, paste and whip. The degree of thickness depends on the percentage of other ingredients added versus a base wax, like beeswax. Generally speaking, the finer your hair, the more viscous (watery) your pomade or wax should be. If you have thick, curly hair, a heavier wax would work best to hold your sleek top-knot in place all day. If you have fine, straight hair, pick a product more closely resembling a whip.

– Rebecca Perrin

ISTOCKPHOTO/THINKSTOCK

YOUR HAIR CARE MENU

APPETIZER, MAIN AND DESSERT FOR YOUR DAMAGED LOCKS

Popular hair care ingredients read like a meal and deliver on nourishment, too. Fixes like argan oil, caffeine, avocado and coconut have stepped up the hair repair game so no damage goes unfed and genuine health gets a fill-up.

By feeding your hair a hefty meal of antioxidizing oils, strengthening proteins, and conditioning butters, you can reinforce strength so the threat of breakage won't spoil your appetite for spending summer days outdoors and lounging around your neighbour's saltwater pool.

Here is a closer look at the menu:

ANTIOXIDANT SALAD (PROTECTION)

Vitamins A, B, C, E and K can be found in numerous hair products. They offer dull and depleted hair protection against oxidative damage (when environmental factors cause your hair to lose protective electrons to free radicals) and bring back plenty of healthy shine. You can find these vitamins by searching product labels for ingredients like apricot oil, pomegranate oil, argan oil, coconut oil, beta carotene, phytochemicals and grapeseed extract. Nourishing to all types of hair.

PROTEIN MAIN (STRENGTH)

Each strand of hair is comprised of three layers of proteins piled atop one another. When the second layer, the cuticle, is damaged, your hair becomes officially dry and damaged.

A protein-rich meal aids in smoothing the proteins into place and building elasticity so strands won't break from brittleness, and makes it easier for them to hold onto moisture.

Protein-rich products range from shampoos to leave-in hair treatments and show up as keratin, collagen, flaxseed and soy-based additives, for example. Fatty oils can weigh fine hair down (therefore best to use overnight) but are generally well absorbed by coarser textures.

CONDITIONING DESSERT (MOISTURE)

Conditioner does for your hair what something sweet after dinner does for our craving — satisfies. Look for shea, jojoba, mango and coconut butters if you prefer natural ingredients to fight frizz, and if your hair can handle the weight, or glycerin and silicone complexes for smoothness and shine on finer textures. All types of hair will mellow out after a cool and creamy conditioner.

– Rebecca Perrin

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50 SHADES OF WHITE

QUICK-FIX TEETH WHITENING KITS ARE EASY TO USE

HEMERA/THINKSTOCK

At-home teeth whitening kits are a fraction of the cost of what you would pay to see your dentist. Products are easy and safe to use so you don't have to give up on your favourite vices.

The effective agent in most whitening products is hydrogen peroxide (H2O2). It is also likely the most popular bathroom cabinet essential (you would recognize the brown bottle with white writing, right?) because it's simply a combination of water and oxygen, and extremely affordable.

Hydrogen peroxide is one of the best germicidal agents for a household full of kids — when you used to fall off your bike and scrape your knee, your mom likely doused the bandage in H202 before sending you back outside, but these days you should consider hydrogen peroxide your ticket to whiter teeth.

Choose a teeth-whitening product with controlled amounts of hydrogen peroxide on the label. Take your pick of kits, toothpaste and mouthwash — they all have the right amount of hydrogen peroxide to whiten your teeth safely at home.

The strongest whitening kits on store shelves have 14 per cent hydrogen peroxide. Whitening mouthwashes are often made effective by a combination of hydrogen peroxide and sodium hexametaphosphate. An alternative to H202 is carbamide peroxide, also found in whitening products, which is slower to oxidize and roughly one-third the strength of hydrogen peroxide. It may be the better option for whitening highly sensitive teeth.

As for maintaining your newly whitened teeth, think more so about how acidic your food is than its inherent colour. Salt and vinegar chips for example, though extremely delicious, are highly acidic and may contribute to the erosion of tooth enamel. Same goes for orange juice, citrus fruit and white wine, which is actually more likely than red wine to stain your teeth because it's more acidic. Also, drink water after your morning espresso to rinse away the lingering crema, and keep a spare toothbrush in your bag for good measure.

– Rebecca Perrin

PAYING LIP SERVICE

Beyoncé

Among the must-have lip shades this season are bouquets of both crimson red and barely-there nudes so subtle they nearly conceal your mouth. This spring, opposites attract equally.

Flesh tone lips flatter an expressively smoked eye (try this season's vivid palette of violet, indigo blue or emerald green) and also appear appropriately restrained against a bronzed complexion. Jennifer Lawrence is obviously a fan (she wears nudes often and very well) and Beyoncé always manages to make a bare lip look super fierce.

Choosing the right shade of nude is essential since it will set you up for appearing Brigitte Bardot-ish rather than passing on to the next life. Your teeth will look white rather than three shades deeper. Generally, three tones of nude lipsticks exist: Ones with apricot undertones; those with a pink tint; and true, honest beiges. Try the first two and avoid the third since that's how lips can look mistakenly chalky, like you have eaten a powdery doughnut and forgotten to tissue off.

As for red, the hottest swatches are tangerine and glossy (the ones created for Moschino by Tom Pecheux looked like freshly peeled citrus fruit) and crimson and matte. Choosing a red lipstick is truly a personal adventure to embark upon. The shade's vibrancy is so powerful, and red carries so many cultural and emotional connotations that you should try on shade after shade until you find one that makes you feel fiery.

Absolutely skip the lip liner with nude shades (you may look like a mannequin if you don't), but feel free to employ one with deep crimson lipstick. A perfectly precise line can add to the allure of red lips, like the ones created by Pat McGrath at Prada. She applied layer after layer of lipstick, blotting in between, to make sure the finished texture was opaque and deliciously rich. *– Rebecca Perrin*

Jennifer Lawrence

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A little sparkle, a little structure, a little softness — and shoes, of course — to make you look your best.

BANANA REPUBLIC BOLD GEM NECKLACE — a cheerful splash of colour, also comes in a luminous pale green. $74, Banana Republic and bananarepublic.ca.

FOXY BY FOXY ORIGINALS PETALS BRACELET — pretty gold-tone bracelet with pendant; also available in silvertone. $24.99 exclusively at Target.

KAYTRAN EYEWEAR — stylish, Canadian, universal-fit shades that don't suction to cheeks in summer heat; the brand has been spotted on celebs like Lucy Liu. Olivia shades in Caramel, $295 at kaytran.com.

ROOTS MADAME BAG — a soft, structured shape in beautiful Italian leather and a chic neutral palette, with a cross-body detachable strap. $318 at Roots and roots.com.

TRISTAN STRAW CLUTCH — a snappy, cheerful and compact companion for brunch, weddings, parties ... anything. $45, Tristan stores and tristanstyle.com.

JOE FRESH STRAW HAT — a generous floppy brim shelters your face and décolleté and looks street-chic fabulous, too. $14 at Joe Fresh.

BROOKS BROTHERS SILK TIE STRIPE BELT — colourful silk twill with a calfskin-covered buckle and antique brass-plated hardware. $52 at Brooks Brothers.

MOSSIMO BLACK BLAZER — a figure-flattering jacket with waist-nipping black accents, available in sizes that range from XS to XL. $39.95 at Target.

VICTORIA'S SECRET SATIN KIMONO — a slinky, mid-thigh paisley wrap and perfect complement to a bath-and-body treat from the Victoria's Secret spa gift guide. $52 at Victoria's Secret.

ADDITION-ELLE SANDALS — so right for warm weather, green braided wedges for the shoe lovers. $59.99 at Addition-Elle.

NIKE FREE 5.0 TRAINERS — high-tech, lightweight and flexible footwear in super fun colours to put pep in your step. $139 at Nike, Footlocker, and Sportchek.

– Janine Falcon

1. Joe Fresh Straw Hat, $14 at Joe Fresh.
2. Victoria's Secret Satin Kimono, $52 at Victoria's Secret.
3. Banana Republic Bold Gem Necklace, $74 at Banana Republic and bananarepublic.ca.
4. Roots Madame Bag, $318 at Roots and roots.com.
5. Addition-Elle Sandals, $59.99 at Addition-Elle.

Would you like to be kept in the loop of the hottest openings and events in your city? To be notified of other notable events for young professionals go to: notable.ca/signup.php

NOTABLE NOW
Julian Brass, Founder of notable.ca, Canada's online source for young professionals

Now Open: Trout Lake Farmers Market

Make your way over to the beautiful lakeside setting for one of Vancouver's best outdoor Farmers Markets at Trout Lake (15th Avenue at Victoria Drive). This Saturday marks its seasonal return (open each Saturday from 9 a.m. until 2 p.m.). Look for offerings from local farmers, artisan cheese-makers, crafters and more. Visit eatlocal.org.

Now playing: Dreamgirls

If you're still searching for the perfect gift for mom, seats to the musical Dreamgirls might be just the ticket. Mother's Day aside, Dreamgirls goes live at the Stanley Industrial Theatre for a limited engagement of shows and is guaranteed to get you grooving in your seat. Directed by Bill Millerd, more than a dozen shows to this Motown-inspired story have already sold out, so don't wait to score yours. Tickets start at $29 from artsclub.com.

Spot Prawn Festival

A collection of top-notch Vancouver chefs are set to cook up a storm as part of this year's Spot Prawn Festival. This annual event (founded by the Chefs Table Society of BC) features plenty of edible reasons to get off the couch. Enjoy live entertainment, music and educational talks — and one giant prawn boil that will sell out in advance. (Saturday at False Creek Fishermen's Wharf)

Opening soon: Abode Restaurant

The paper has been peeled back from the windows of this new, soon-to-be hot spot in the heart of downtown Vancouver. Abode Restaurant is housed within the Blue Horizon Hotel in the centre of all the shopping action and promises to be a welcoming escape for those seeking "fresh, fun local cuisine." Look for plenty of craft beer and wine on tap as well as tasty pastry treats, gourmet sandwiches and more. Visit aboderestaurant.ca

Flowers and Trees at Gallery Jones

Once again, Vancouver-based artists George Vergette has a new mix of work on the walls of this Kitsilano-based gallery conveniently located close to Granville Island. Pop by and take in his latest acrylic on canvas and resin-based paintings. These current works explore the continually creative colour transfer process employed by Vergette as he develops his paintings. Visit galleryjoines.com/George_Vergette.

Hawkers Market is back

Save your appetite on Saturday night and be sure to make your way down to explore the culinary offerings courtesy of dozens of local chefs, restaurants and food-minded folk. There will be live music too, featuring the DJ skills of Chapel Sound. For more info and to purchase tickets in advance, visit wkrsmrkt.eventbrite.ca/.

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SPORTS 4

Vigneault won't be rushed out the door

NHL. Head coach's status a major topic of discussion after another first-round playoff loss

CAM TUCKER
cam.tucker@metronews.ca

Alain Vigneault remains the head coach of the Vancouver Canucks, although that could be subject to change.

The status of the coach was a major topic of discussion when general manager Mike Gillis spoke to reporters during a lengthy press conference at Rogers Arena on Thursday.

Two nights before, the Canucks lost 4-3 in overtime to the San Jose Sharks in Game 4 of the Western Conference quarter-final, which meant another exit from the playoffs in the first round. This time it was a clean sweep.

Last year, the L.A. Kings, the eventual Stanley Cup champions, bounced the Canucks in five games in the opening round.

Two years ago, the only thing that separated the Canucks from their first Stanley Cup in franchise history was one win.

Things have taken a drastic turn in the wrong direction and the Canucks have now lost 10 of their last 11 playoff games dating back to the 2011 championship series with Boston.

Vigneault was appointed head coach of the Canucks in June of 2006.

There has been a strong public outcry for Vigneault, who signed a contract extension last May and is the franchise leader in regular-season wins with 313, to lose his job, particularly in the aftermath of the Canucks' loss in San Jose.

"We just finished this," said Gillis during a 38-minute press conference.

"Most of you know I don't make decisions based on immediate emotion or pressure. Alain is a very good hockey coach. We've had an incredible record here the last five years.

"Like everybody in the organization, he'll be evaluated like I'll be evaluated. Decisions will be made when we present a plan to the ownership that they'll be complicit with. They may want to make changes to the plan I have. Not sure yet, but that process will occur over the course of this week."

Canucks goalie Roberto Luongo leaves after speaking to the media in Vancouver on Thursday. Canucks general manager Mike Gillis said "it's unlikely" Luongo will be back next season. DARRYL DYCK/THE CANADIAN PRESS

Luongo likely played last game as Canuck, Gillis says

Canucks GM Mike Gillis says "it's unlikely" Roberto Luongo will be back with the team for next season.

- Luongo, 34, just completed the third year of a 12-year, $64-million contract. Cory Schneider took over as the team's starting netminder during the 2012 playoffs, relegating Luongo to mostly backup duty.

MLS

Whitecaps' Salgado undergoes surgery

Omar Salgado's injury woes that have plagued him for most of the last 11 months continue.

The Vancouver Whitecaps announced Thursday morning that the 19-year-old striker, who was the club's first overall pick in the 2011 MLS SuperDraft, re-fractured a bone in his right foot while at camp for the U.S. U-20 team in Los Angeles and underwent "successful surgery" on Wednesday.

Salgado initially suffered a fractured foot last June, also while away on international duty.

He made his return to the Whitecaps' lineup in October as a late substitution in the final regular-season home match, before suffering another setback.

"There is no question that the last year has been challenging for Omar but we are optimistic and look forward to seeing him back on the pitch in the near future," said Whitecaps head coach Martin Rennie in a statement.

The Whitecaps, in search of their first regular-season victory since March 9, host the L.A. Galaxy at BC Place Stadium on Saturday.
CAM TUCKER/METRO

Whitecaps striker Omar Salgado had surgery on his injured right foot on Wednesday. GETTY IMAGES

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See today's answers at metronews.ca/answers.

Horoscopes

♈ Aries
March 21 - April 20
The planets suggest you will find yourself at odds with the accepted way of doing things today. Even if it causes you financial hardship, you will fight on the side of what you believe is right. Good for you.

♉ Taurus
April 21 - May 21
Today's solar eclipse in your birth sign means you can't put off what needs to be done. What you start over the next 24 hours will pay dividends for the next 24 months!

♊ Gemini
May 22 - June 21
You will need to make some difficult decisions today. The important thing is that once you have decided on a certain course of action, you see it through to the end.

♋ Cancer
June 22 - July 23
There are so many opportunities in your life right now that you may find it hard to decide what to do first. But decide you must, and quickly. The last thing you need now is to be trapped by indecision.

♌ Leo
July 24 - Aug. 23
Today's solar eclipse means a new start in your career or vocation is not just possible but desirable too. If your present position does not satisfy you, now is the time for a change.

♍ Virgo
Aug. 24 - Sept. 23
Your life will change for the better over the next few days. What matters even more though is that your attitude is changing: You no longer attach so much importance to things of a material nature. Good.

♎ Libra
Sept. 24 - Oct. 23
Most things change slowly but occasionally you get the chance to change things quickly and today's eclipse makes this the ideal time to make a quantum leap. Change your outlook and your world.

♏ Scorpio
Oct. 24 - Nov. 22
If a relationship has been going through a tough time of late then today's eclipse will bring matters to a head. A new start is possible but you both have got to want it.

♐ Sagittarius
Nov. 23 - Dec. 21
Cosmic activity in the work and wellbeing area of your chart suggests you are thinking of changing your daily routine, maybe in quite dramatic ways. And why not? Change is good.

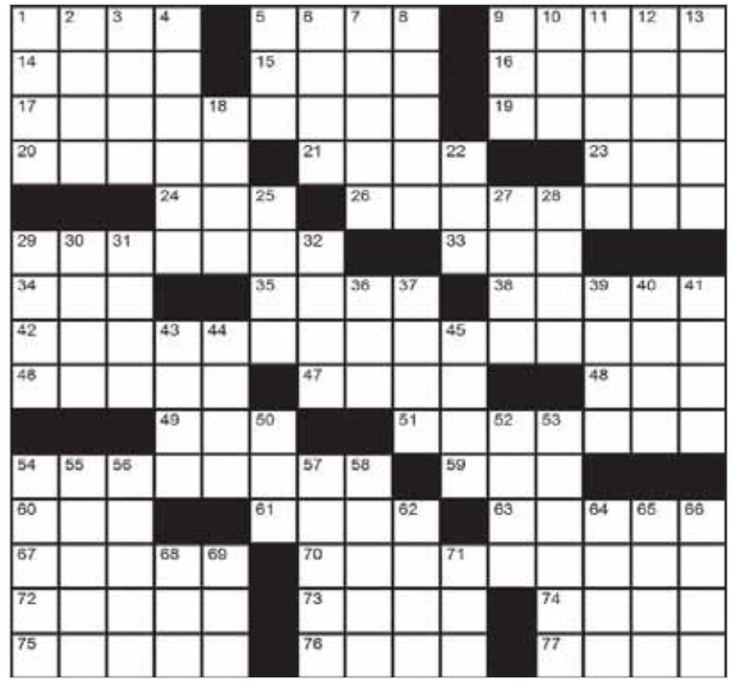
♑ Capricorn
Dec. 22 - Jan. 20
You should be having the time of your life right now and if that is not the case, it can only be because you are letting the past hold you back. Today's eclipse urges you to be bold.

♒ Aquarius
Jan. 21 - Feb. 19
Do not, repeat not, interfere in other people's private affairs today — and don't let other people interfere in your private matters either. You may think you know best, and maybe you do, but it won't change a thing.

♓ Pisces
Feb. 20 - March 20
Life has been a bit predictable of late but as from today things should get a lot more interesting. If you have not yet made any social plans for the next few days then make them now. SALLY BROMPTON

Crossword: Canada Across and Down

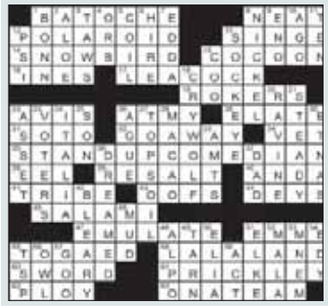
BY KELLY ANN BUCHANAN



Across
1. "En garde!" blade
5. Cartoonist, Al __
9. Big divide
14. __ Strauss & Co.
15. Churchyard = God's __
16. Cheap Trick's "I Want __ Want Me": 2 wds.
17. The Band's "Acadian __"
19. Mount in the Yukon, Canada's highest
20. Syllable-singing system
21. Prod
23. Annoy
24. __. number
26. "The Great Gatsby" (2013) extras
29. Canadian star of "Castle", Nathan __
33. City of Brazil, with Paulo
34. Time period
35. Shreds
38. Prefix with 'red'
42. "The Great Gatsby" (2013) setting: 2 wds.
46. Wayne Newton, __. __ Vegas
47. Cart along
48. Hawaiian ornamentation
49. By way of
51. Green Gables character
54. Greg __, Premier of Manitoba
59. Vertical opposite [abbr.]
60. Diminutive suffix
61. ___ day
63. Cold shoulder it
67. Barenaked Ladies song: "__ Me"
70. William and Kate, Duke and Duchess of __
72. Toronto-born magician/skeptic, The Amazing __
73. 'Y' of YSL
74. Zippo
75. Up to now: 2 wds.
76. 'Pleisto' suffix (Geological epoch)
77. Hold

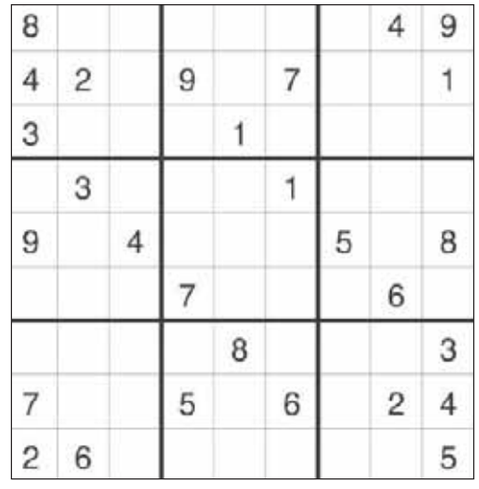
Down
1. Antiquities
2. But: Spanish
3. Malefic
4. __ Tower
5. Canuck priv. sector union
6. _ __ in the wheel
7. Non-believer's need
8. Bike part
9. Four-__. engine
10. Owl's question?
11. The Adventures of __ March (Saul Bellow novel)
12. "War" singer Edwin
13. Some scribes
18. Cab
22. Volkswagen slogan, __ Auto.
25. Natalie Imbruglia hit
27. Hurt
28. Bridge: French
29. George Orwell's Animal __
30. Composer Mr. Stravinsky
31. Loyal, to a Scot
32. Poetically approaching
36. School org.
37. Part of a triathlon has to be what?
39. Satiate
40. Careen
41. Largest continent
43. Sitarist, __ Shankar
44. "The cheque __ the mail.": 2 wds.
45. Valley where David slew Goliath
50. In the past
52. Lion's call!
53. Saint John, NB's __ Oil
54. Prefix meaning 'Above'
55. Saint __ Mountains (Range for #19-Across)
56. Rocker Mr. Kravitz
57. Britannica, e.g.
58. Steal, archaically
62. Good-bye to God
64. Scent, States-style
65. Tip to 'tion' (Car's key spot)
66. Rock's __ Purple
68. In-a-row letters
69. Chart-topper
71. Mad Cow Disease letters

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



Yesterday's Sudoku

9	7	1	8	6	4	3	5	2
4	6	8	5	2	3	9	1	7
2	3	5	1	9	7	6	4	8
5	4	7	9	1	6	8	2	3
1	9	3	2	7	8	4	6	5
8	2	6	4	3	5	1	7	9
7	8	4	6	5	9	2	3	1
6	5	2	3	8	1	7	9	4
3	1	9	7	4	2	5	8	6

Today
20°/13°
Mainly sunny

Saturday
20°/15°
Partly sunny

Know what the weather will be 14 days from now.
Check the 14 day trend.
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Together we can help all kids play
Jumpstart

GIVING KIDS A SPORTING CHANCE IN VANCOUVER

Every child knows that the circus speaks a universal language. For students at two elementary schools in Burnaby, learning how to be circus performers is helping them to become more physically active, make new friends and in many cases, to adjust to their new home in Canada. The program, supported by Canadian Tire Jumpstart Charities and Burnaby Parks and Recreation, teaches Burnaby students the intricacies of skills like juggling, stilt-walking and riding unicycles.

Windsor Elementary School principal Kathryn Yamamoto is the program director. She says many of the students at her school and at nearby Maywood Community School are recent immigrants to Canada. "There are 26 languages spoken here at Windsor Elementary and more than 40 languages spoken at Maywood," she says. "The physical literacy program allows us to transcend those languages and cultures in a way that all the children understand. It helps them to get involved socially, and it acts as a window that leads them to other forms of recreation they might not be familiar with."

Burnaby Canadian Tire Dealer Mario Schuchardt says that his store does everything from selling Christmas trees to hosting a May 25 barbecue to raise money to support programs like Yamamoto's in the Burnaby area. "Jumpstart is a great program," he says, "and the important thing is that all the money we raise stays here in Burnaby."

"We're really proud of the program," says Yamamoto, "and we're proud of our partnership with Canadian Tire Jumpstart. It's exciting to see how they come together to support kids and recreation."

JUMPSTART DAY EVENTS

Saturday, May 25, is Jumpstart Day. Many Canadian Tire Retail stores across Canada are planning fun activities to help raise money for their local community, such as charity barbeques, GoClean waterless car washes, and other fun games. Visit your local Canadian Tire store on May 25 to help kids in your local community "get in the game."

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WAS INVESTED IN BRITISH COLUMBIA TO GIVE KIDS A SPORTING CHANCE

Jumpstart

CANADIAN TIRE JUMPSTART HELPS KIDS REALIZE THEIR SPORTING DREAMS

What kid doesn't love to swim, dance or play soccer, basketball, baseball or hockey? Not only are those activities fun, but research also shows that physical activity and access to sports for children leads to increased self esteem, strong leadership skills and improved school performance.

The reality is that one in three Canadian families can't afford to enrol their sons and daughters in sport and recreational programs. That's where Canadian Tire Jumpstart comes in. The national charitable program is making a real difference in the lives of young kids from age four to 18, and its annual May Red Ball Campaign contributes to those efforts. The campaign's slogan, "Together we can help all kids play," couldn't be more apt.

In return for a $2 donation at any Canadian Tire Retail, Sport Chek, Atmosphere, Mark's or Canadian Tire Gas+ store, customers will receive a mini red volleyball or soccer ball throughout May. One hundred per cent of donations go directly to help deserving kids in each store's community participate in organized sport and recreation.

Since Canadian Tire Jumpstart launched in 2005, it has helped more than 570,000 (and counting) kids take part in 73 different activities. "Our vision is more than getting children involved in sports and recreation—it's to have a country where all kids have a chance to fulfill their dreams," says Johnny Misley, the President of Canadian Tire Jumpstart Charities.

Jumpstart is unique in its ability to work in every community across Canada, with 332 local chapters built on the support from volunteers. These chapters work closely with more than 2,600 community partners to identify families with financial needs whose children would benefit from the programs. Jumpstart Ambassador and Olympic gold medalist Rosie MacLennan explains, "there are so many benefits to participating in sports, from gaining social skills to building great friendships. All kids should have this opportunity, which is why I believe in the power of Jumpstart."

This year Jumpstart is proud to welcome Sport Chek and Atmosphere stores, to the family. Since these two banners came on board in January, they have raised more than $550,000 alone. Also, again this year we have support from a partner beyond the enterprise family Pita Pit who will also be offering Jumpstart red balls in exchange for a $2 donation.

"We're giving children the chance to learn life skills, create lasting friendships and fulfill their dreams," says Misley. "That's the power of sport."

For more information, visit jumpstart.canadiantire.ca or call 1-877-616-6600.

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